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Tuesday, September 26th 2017

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New face for Seaton police

Anders Larsson
Chief reporter | anders@viewnews.co.uk

THERE will be a new man at the helm of Seaton policing when PC Adam Speers takes over as Neighbourhood Beat Manager from PC Richard Jenkins, who is leaving the force after 30 years.

PC Speers is not a stranger to the town as he was based there for a year as a response officer in 2014-15.

The Neighbourhood Beat Manager role is somewhat different to being a response officer, and PC Speers said: "Neighbourhood policing is about building links with the community and to make police approachable and contactable.

"It is 'bobby on the beat' policing. I think it is important to have locally-based officers."

PC Speers was born and bred in Sidmouth and worked as a lifeguard and sports coach before joining the constabulary.

The 40-year-old is a former Colyton Grammar School student and has spent 12 years with Devon and Cornwall Police.

He has not yet transferred to Seaton but visits when he can to ensure a smooth handover and make sure he is up to speed with current issues.

PC Jenkins has clocked up 30 years as a police officer and will work his last shift on September 30th.

He joined the Met in 1987 and stayed for ten years, primarily based in Hammersmith.

During his years with the Met, he experienced frontline policing during the poll tax riots, and also helped to police Notting Hill Carnival.

PC Jenkins transferred to Devon and Corn-

wall Police in 1997, being based in Exmouth before a transfer to Exeter, then Seaton in 2015.

He said: "I would like to reiterate how low crime rates are in Seaton and the surrounding area. Obviously, the odd incident happens – but generally speaking it is a good and safe place to live. I live in East Devon and will continue to do so."

The 54-year-old avid Tottenham Hotspur fan is not ready for retirement.

He is seeking employment elsewhere and

said: "I am looking forward to a change.

"I know I leave it in good hands because PC Speers is a very good and experienced officer.

"PCSO Mike McGauley has been a great support to me, and I am sure he will be the same to PC Speers."

He also thanked the Seaton population, saying: "Before me they had someone else for 12 years [PC Steve Spearritt]. They have been very receptive to me."

Barring unforeseen circumstances, his last

assignment will be to patrol Colyton Goose Fayre.

The small Seaton Neighbourhood Police Team consists of a Neighbourhood Beat Manager and a PCSO based in the town, supervised by a Sergeant in Sidmouth.



■ PC Adam Speers (left) is welcomed by PC Richard Jenkins, observed by PCSO Mike McGauley

Scott Rowe

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Lots of help for annual beach clean

NO LESS than 2,700 pieces of litter were collected in Seaton as part of the Marine Conservation Society's (MCS) Big Beach Clean weekend.

The Seaton beach clean was held on Sunday, September 17th, and organised by Axe Vale & District Conservation Society, covering the stretch

of beach between the harbour and Seaton Hole.

Local co-organiser Ian Waite said: "Forty-six people from as far afield as Taunton and Exeter took part and collected over 2,700 pieces of litter, 2,000 of which were plastic items.

"Of the remaining items

there were over 200 pieces of fishing line, some with hooks and lures.

"After recording, the 35kg of rubbish was collected by East Devon District Council.

"The results of our local clean will be forwarded to MCS, who will publish the UK results later in the year."

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EU grant boost for Devon start-ups

DEVON County Council has received more than £1,050,000 from the European Regional Development Fund (ERDF) to increase the number of social enterprise start-ups and to support the growth of existing ones.

The council is the lead authority for the Enhance Social Enterprise Project, which will be rolled out throughout the Heart of the South West (HotSW) Local Enterprise Partnership area (Devon and Somerset).

Existing social enterprises will be supported to develop and launch new products and services as well as entering new markets.

There will also be support for voluntary and community sector groups that want to transi-

tion into trading social enterprises, as well as budding social entrepreneurs in need of help to develop their ideas to start trading.

The programme involves a minimum of 12 hours of tailored business support.

A HotSW social enterprise survey last year found that the sector is growing in the region.

There are over 1,000 social enterprises in the LEP area with a combined turnover estimated at around £1.5 billion.

The number of people employed in the social enterprise sector in the HotSW LEP area is estimated to be 32,700 with at least as many volunteers also active.

While 80 per cent of social enterprises plan to

develop new products or services and 66 per cent plan to increase their turnover by exploiting new markets, they have identified a number of support needs, including developing and introducing new products and services, measuring social value, and marketing and communications.

Councillor Stuart Barker, Devon County

Council Cabinet Member for Enterprise and Skills, said: "The Heart of the South West area is a hotspot for social enterprise start ups, with 37 per cent of social enterprises less than three years old."

To register an interest for the programme, visit <https://new.devon.gov.uk/economy/business-support/enhance-social-enterprise>

Rangers' plea to keep dogs under control on Ham Hill

HAM Hill Countryside Rangers have pleaded with the public to keep control of their dogs following a nasty incident at the country park recently.

The rangers at the park, near Yeovil, spent a morning last week trying to capture and contain a grey and white greyhound that spent two hours chasing and mauling the grazing sheep in the flat fields at Ham Hill Country Park.

The dog was running amok among the flock and is known to have injured at least two of the grazing ewes, but the number is expected to rise once the shepherd has checked his flock.

At the time of the attack, the farmer was called and asked to attend, as catching the dog was proving impossible and the last resort was for it to be shot.

The greyhound eventually made away towards the car parks and rangers are led to believe that the dog was caught by its owner and quickly loaded into a vehicle and driven swiftly away.

South Somerset District Council is appealing for any witnesses to come forward following the attack and a spokesman said: "Did you see the

dog owner, or the vehicle and its registration plate? We need to speak to the owner about this incident; it was very serious and almost resulted in their pet being shot.

"The dog eventually made off in a different direction but the owner still has a responsibility to compensate our farmer for his coming vet bills."

Councillor Sylvia Seal, Portfolio Holder for Countryside, added: "Signs are always erected on the gateways advising the walking public when livestock are in place, so please make sure your dogs are on a lead and under control.

"The district council and farmer are prepared to take the strongest course of action if an out of control dog is caught worrying sheep.

"If you are witness to such an incident please do call the farmer or ranger teams; the mobile numbers are on the gateway posters.

"A dog attack is very traumatic for the whole flock. Sheep have been known to die simply from shock, although usually the wounds inflicted by just one dog bite are sufficient to kill."

"Under the Dogs (Protection of Livestock) Act 1953, it is an offence to allow a dog to worry (attack and chase) livestock on agricultural land.

The offence is enforced by the Police and could result in a fine."

If anyone knows anything, contact South Somerset District Council on 01935 462462, the rangers on 01935 823617 or via email countryside@southsomerset.gov.uk

New scheme to help local businesses grow

EVERY ambitious business in Devon has the chance to gain free support after the county council helped launch the new Fast Track to Growth programme.

Backed by the county council and a host of other organisations, Fast Track to Growth helps companies achieve better business growth through targeted free expertise.

All companies who join automatically qualify to attend Growth Day events, with double the number of firms shortlisted for a full intensive Growth programme – 15 smaller and 15 larger firms.

Companies can join Fast Track to Growth 2018 at www.ft2g.co.uk

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WORK on the new EDDC base in Honiton is now under way

Work gets under way on new East Devon District Council HQ

CONSTRUCTION of East Devon District Council's new headquarters in Honiton is progressing well with groundwork completed and the building foundations under way.

The council is expected to be working in the new premises by December 2018 and contractors, Interserve Construction Ltd, are on schedule

to complete on time.

The new offices are designed for flexible modern ways of working and will accommodate the central services of the council and provide the breadth of public services as well.

The building will be fully accessible as well as energy efficient.

A new council chamber and meeting rooms will have up-to-date audio visual facilities for councillors, officers and the public to use.

Visually, the building will be contemporary in shape with more traditional elements of pitched roofs and brickwork.

The headquarters are sited alongside the council's well used business centre, ensuring that it will

be part of a service hub for residents and business community alike.

Cllr Paul Diviani, leader of the council, viewed the construction last week along with deputy Leader Cllr Phil Twiss.

Cllr Diviani said: "As promised, we are delivering on our commitment to East Devon residents and businesses to provide a new headquarters in the heart of the district that will be cost effective, well designed and ensures the council is fit for the future."

Along with the con-

struction work in Honiton, the council is currently investing in the modernisation of Exmouth Town Hall to provide future council services and the building is expected to reopen in November.

Once the move to Honiton is complete, the council say they will have a strong presence in its two largest towns making its services even more accessible to its residents.

Earlier this year the council decided that its relocation to Honiton could go ahead in the expectation of fu-

ture sale of East Devon's current office site at Knowle in Sidmouth, which is owned outright by the local authority.

Knowle's sale and ultimate redevelopment will still take place in the future and the capital receipt will then be secured to part fund the relocation which will cost £10,361,000 in total.

'Have a Heart' for National Adoption Week next month

SOMERSET Children in Care have helped kick-start a 'Have a Heart' campaign in the lead up to National Adoption Week to raise awareness of the number of children waiting to be adopted.

'National Adoption Week' launches on October 16th and encourages people to consider adopting a child or to help spread the word about the urgent need for more adopters.

Somerset County Council is encouraging everyone to join in the 'Have a Heart' campaign to help spread the message: take a photograph of a heart in as many ways as you like (from a children's drawing to a design on a t-shirt to icing on a cake) and photograph it for social media.

People can then post the heart picture on Facebook, twitter or Instagram with the hashtags #HaveaHeart #SupportAdoption.

Councillor Frances Nicholson, Cabinet Member for Children and Families at Somerset County Council, said: "Somerset needs a minimum of 30 adopters this year alone to give Somerset children a forever mum or dad.

"If you are looking to start or complete your family, we urge you to consider adopting a child."

"There are many children waiting right now, who deserve a safe and loving home. You can read their stories and the experiences of adopters at fosteradoptsomerset.org.uk

"Even if you are not in a position to adopt, you can help promote adoption and we would be very grateful for whatever you can do."

"We would urge any Somerset businesses and organisations to assist us in spreading the word by downloading a 'National Adoption Week' poster from our website or taking part in our 'Have a Heart' campaign via Social Media."

If you would like to know more about adopting a child, call 0800 587 9900 or come to an informal information event during National Adoption Week.

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Weird things people leave on trains . . .

A BARRISTER'S wig, a leather lounge chair and a pair of false teeth are just some of the more unusual items that have been left on trains between London and the South West – and now the rail operator is hoping to reunite them with their owners.

In the six weeks since it took over the franchise from South West Trains, South Western Railway has accumulated thousands of lost property items.

As much as the rail operator say it enjoys sorting through the curiosities and keeping them in their custody, they are reminding passengers to check they have taken all their possessions before leaving the train.

Michael Pugh, Customer Experience Manager at Waterloo station (including Lost Property), said: "Our staff from across the network work hard to ensure passengers are reunited with their belongings."

"However, we would encourage everyone to check they have their belongings before they leave our trains. Keys, phones and wallets are always such a pain to lose but it's the sentimental items that really cause problems for passengers."

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Beloved Husband of Barbara, Father of Simon and John, Grandfather of Sophie and Hannah. Funeral Service at St. Giles Church, Northleigh on Friday 13th October at 2.00 followed by Burial in The Churchyard.

Family Flowers Only. Donations to: Hospiscare (Honiton) & E.L.F. (Exeter Leukemia Fund) c/o: Shoobridge Funeral Services, Park House, Silver Street, Honiton EX14 1QJ.
Tel 01404 41424.

BMP: properties at risk during storms

Anders Larsson

Chief reporter
anders@viewnews.co.uk

quent basis with up to 20 properties at risk during more extreme storms.

"The economics baseline considers what damages could occur should there be no further action to manage the risk of flooding and erosion along the entire beach frontage over the next 100 years, including the cost of damage from flood water and the loss of properties through erosion."

"The Coastal Processes baseline provides details of the processes ongoing along the BMP area and beyond, drawing on beach monitoring and other data to assess changes in the beach and shoreline. "Generally, the beach at Seaton is relatively stable in the east, with larger fluctuations in beach levels observed toward Seaton Hole and along West Walk.

Members of the public met up with East Devon District Council (EDDC), and its consultants CH2M, to learn more about work undertaken so far and what lies ahead. The purpose of the BMP is to agree policies for flood and coastal erosion risk management from Axmouth Harbour to Seaton Hole.

Prior to the drop-in, the project's Stakeholder Group met with EDDC and CH2M to discuss the baseline report and non-technical summary CH2M has produced covering four topic areas: Environment, Defences, Coastal Processes and Economics.

The findings from the baseline reports will be used for the Options Appraisal, which is the next stage of the BMP process.

Giving a taste of each subject matter, an EDDC spokesperson said: "The Environment baseline identifies the key features within the BMP area and identifies some of the preliminary issues and constraints.

"For example, the designated nature and geological conservation sites to the east and west of the town.

"Although the town's sea defences are in good condition, there are some areas towards the west, which are cause for concern and these will need further consideration during the options appraisal.

"The overtopping assessment looks at those properties, which are at risk from waves breaking over the seawall.

"Where the beach is narrower towards the west of the town, the risk of this is higher with property damage expected to occur on a more frequent basis with up to 20 properties at risk during more extreme storms.

"The economics baseline

considers what damages could

occur should there be no fur-

ther action to manage the risk

of flooding and erosion along

the entire beach frontage over

the next 100 years, including

the cost of damage from flood

water and the loss of proper-

ties through erosion."

"This gives a total of £6 mil-

lion of damage (at present

value) over the next 100 years,

which, based on current fund-

ing formula, would give around £0.56 million of fund-

ing from central government

for works to reduce the risk of

flooding and erosion."

The next stage of the BMP

process is for CH2M to iden-

tify all of the issues from the

baseline reports, and then to

start looking at options to ad-

dress these with a number of

further stakeholder meetings

to look at a long list of options.

Non technical summaries

and baseline reports for the

Seaton BMP can be found on-

line at <http://eastdevon.gov.uk/coastal-protection/beach-management-plans/seaton-beach-management-plan/base-line-reports>

The BMP is separate to

Seaton Town Council's seafrot-

masterplan, which focuses on

regeneration.

Bus operator apologies after passengers were left stranded

A BUS operator has apologised but said matters were out of its control when a Seaton man and friends were among people stranded in Sidmouth.

Seaton resident Ian Frederick and a group of friends travelled to Sidmouth on Stagecoach's 9A service to watch a Red Arrows display on August 25th.

It seemed to have been the right choice as the outward journey went well and they did not have to worry about finding parking in Sidmouth.

Mr Frederick and his friends enjoyed the display, but hit problems when trying to get home.

He said: "When it was over, we six – believing it prudent to get to the front of the queue for the number 9A (7.44pm departure) – made a dash to the Triangle bus stop."

The group was keen to get back to Seaton, having booked a table at a restaurant there, but there were already lots of people at the bus stop and the bus failed to show.

Mr Frederick said: "It was the last bus of the day. At 8.45pm the bus had still not come so I was forced to cancel our booking.

"People in the queue were passing messages to each other to try and find a way out of the very miserable situation. It was getting colder now and much later.

"We had established that the word had it that police were not allowing buses into Sidmouth, in fact they were turning them back.

"Also, taxi firms around the area could not take any more bookings until after 10pm. Ouch.

"There was anger in the queue as you would expect, tiredness and fear. I mean I going to get home fear?"

"This was a sad, miserable situation and a shocking end to what should have been a really happy and enjoyable day. By 9.15pm the roads around us were clear. All the cars had gone, volunteer workers and all.

"Why was it that nobody had bothered to in-

form those queuing at the Triangle Bus stop what was going on.

"Did anybody at all think 'what about the people at the Triangle bus stop, how are they going to get home?'"

Mr Frederick and his friends eventually made it home by a combination of taxi and other friends picking them up.

A Stagecoach spokesperson commented: "The police closed Sidmouth Triangle due to the number of visitors attending the Red Arrow display.

"Consequently, our 9/9A buses could not serve the centre of Sidmouth and experienced severe delays as they became caught in heavy traffic as visitors tried to find alternate routes.

"This resulted in us being unable to pick up a number of visitors waiting in Sidmouth and we would like to apologise for any inconvenience caused. Prior to the event taking place, there had been no contact from the event organisers regarding a traffic management plan and how we could assist in moving visitors safely and swiftly.

"We would therefore welcome a meeting with the police and Sidmouth Town Council so we can discuss what happened and how it can be avoided for any future events of a similar nature."

Buffs' fundraiser

YE RATTENBURY Lodge RAOB's (Beer Buffs) annual summer fayre and coffee morning raised more than £400.

The event was held in Mariners Hall, Beer, on August 26th.

Lodge secretary Basil Herbert said: "The event was well attended and the Buffs raised £438, which will be added to this year's appeal, being the British Lung Foundation and other local causes."

View Family Announcements



In loving memory of Ryan Walker
who would have turned 28 on September 29th. Always in my heart and thoughts, never forgotten you. Kimberley x



Happy 21st Birthday
Frank Bastin
Love from Mum, Shaun and all the family



Happy 21st Birthday
FRANK

From Beau, Jade and Skyla- Grace

Kit Moore
29 - 9 - 2014

Did the sun shine a little brighter,
Was the sky a deeper blue,
Or was it just a better world,
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the family xxx

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All announcements must be in by 12 noon on Friday for the following week's publication.

Council Tax discount checks

EAST Devon residents who claim a 25 per cent council tax discount for living alone are to be vetted to make sure they are still entitled.

Checks are beginning this month by East Devon District Council (EDDC).

A total of £7.7 million is awarded annually to residents in East Devon receiving a single person council tax discount.

This equates to an average reduction of £375 per year. Based on research, up to five per cent of these discounts may be incorrectly claimed and in East Devon this could equate to up to £385,000 each year.

When the review was last carried out, discounts of more than £182,000 were identified as being given incorrectly.

Checks are made to prevent fraud and protect the public purse, but genuine claimants are told not to worry.

EDDC councillor and portfolio holder for finance Ian Thomas said: "I would like to stress that anyone genuinely claiming a reduction should not be concerned."

"However, if you are found to be deliberately misleading the council, you could face a penalty of £70, as well as having to repay the discount."

"Council taxpayers who claim the discount improperly place an unnecessary burden on the very real needs of some residents."

"We must treat such misinformation very seriously."

"Council taxpayers have a legal duty to advise the council of any changes to their single occupancy circumstances."

The council will be working with data solutions specialist Datatank to

carry out the review by cross-referencing with other sources of information about households such as the electoral-roll registers and financial sector information.

The review will be completed by December, and is jointly funded by EDDC, Devon County Council, Devon & Cornwall Police and Devon and Somerset Fire & Rescue Authority, who each receive a portion of the council tax.

Anyone who is claiming the discount and whose circumstances have changed is urged to contact the council immediately by telephoning 01395 517446 or emailing counciltax@eastdevon.gov.uk

Free 'Passing Matters' sessions

ACTION East Devon, which works with groups and organisations to improve health and wellbeing, has teamed up with Citizens Advice East Devon.

They're offering eight free information and advice sessions to existing clubs and societies about putting affairs in order.

This is part of the Passing Matters project funded by Awards for All National Lottery money, and aims to help improve how people experience

their own death and that of people close to them.

The sessions are for adults and will explain terms such as mental capacity, lasting power of attorney and advance directives. Sessions will last about an hour.

Co-ordinator Gill Amos said: "These sessions are ideal for groups, such as friendship, interest or charitable groups who meet socially and have a speaker.

"It is about being prepared yourself or to help

friends and family.

"Often people put this off until they are either forced to by circumstance, when it's not the best time to make big decisions, or when it is too late."

"The sessions are informative but also enjoyable. This offer of free sessions will end in April 2018."

If you would like to book a session, email gill.amos@actioneastdevon.org.uk or call her on 01404 549045.

Wine tasting

HOSPISCARE'S Honiton Support group is inviting locals along to a spot of wine tasting to help raise funds for the charity.

The event takes place on Friday, October 20th at Honiton Community College from 7pm till 9pm.

Tickets are £5 and only available from Wine World, 83 High Street.

All funds will go towards Hospiscare and it is advance ticket sales only.

Don't miss out on flu vaccinations at Townsend House Medical Centre

TOWNSEND House Medical Centre in Seaton is encouraging everyone eligible to take advantage of a free flu vaccine.

Flu is an unpredictable virus that can cause mild

or unpleasant illness in most people.

But it can cause severe illness and even death among vulnerable groups – including older people, pregnant women

and people with an underlying health condition.

Townsend House is holding flu clinics on Saturday, September 30th and Saturday, October 14th.

A spokesperson said: "We also have a number of mini-clinics during the week. Please contact the surgery to arrange an appointment."

Trust takes on guardianship of the Jurassic coastline

THE Jurassic Coast Trust has taken on the responsibility of looking after the Dorset and East Devon Coast World Heritage Site – the Jurassic Coast.

Since being given this accolade by the UN's Scientific, Cultural and Educational body – UNESCO – in 2001, leadership and management of the site has been by Dorset and Devon county councils, co-ordinated through a small team based in County Hall in Dorchester.

This 16-year period has seen the growth of a national and international brand, the redevelopment of existing and creation of new visitor centres and museums, and the delivery of a huge range of educational activities, all relating to the Jurassic Coast.

The trust is an independent charity that aims to make the Jurassic Coast an even more meaningful and inspiring part of people's lives and it is already

supported by a range of local businesses and local ambassadors who get behind its passionate commitment to the coast.

Alex O'Dwyer, vice chairman of the Jurassic Coast Trust, said: "The Jurassic Coast Trust is thrilled to be taking on responsibility for the management of this extraordinary World Heritage Site."

"Our work over the last few years, alongside the county councils, has been to build understanding of the coast and engage people in it, so that they will care for it and cherish it."

Stuart Hughes, Cabinet Member for Highway Management at Devon County Council, added: "We value the benefits that cross-border working has brought to both Devon and Dorset, and we are excited about taking the Jurassic Coast to the next stage under the trust's leadership."

The trust is working coast-wide from its new base in Bridport."



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A bit of pharmacy history hidden in the attic

Anders Larsson
Chief reporter
anders@viewnews.co.uk

A PHARMACIST unearthed bits of Axminster history when moving premises.

Morton's Pharmacy owner Ian Morton and his staff recently moved across the street into premises previously occupied by HSBC.

It was during this process that he came across certificates issued to one of his predecessors, pharmacist Ivor Reginald Phillips, in the late 1800s.

Mr Phillips and his wife lived in a little cottage behind their pharmacy.



■ IVOR Phillips standing in the doorway of the pharmacy in 1915

Mr Morton and his staff subsequently used the ground floor of the cottage for storage, but the first floor (consisting of one small room) was not entered for decades - until Mr Morton started to clear it out, that is.

Having made sure the upstairs floor was structurally safe, he was confronted by vegetation growing through the ceiling in what could only be described as a dusty and badly organised museum, or a time capsule.

He managed to create an element of order and spent some time in the room before saying: "I had the most fantastic of finds: a Pharmaceutical Society certificate dated 1899, a sight testing diploma dated

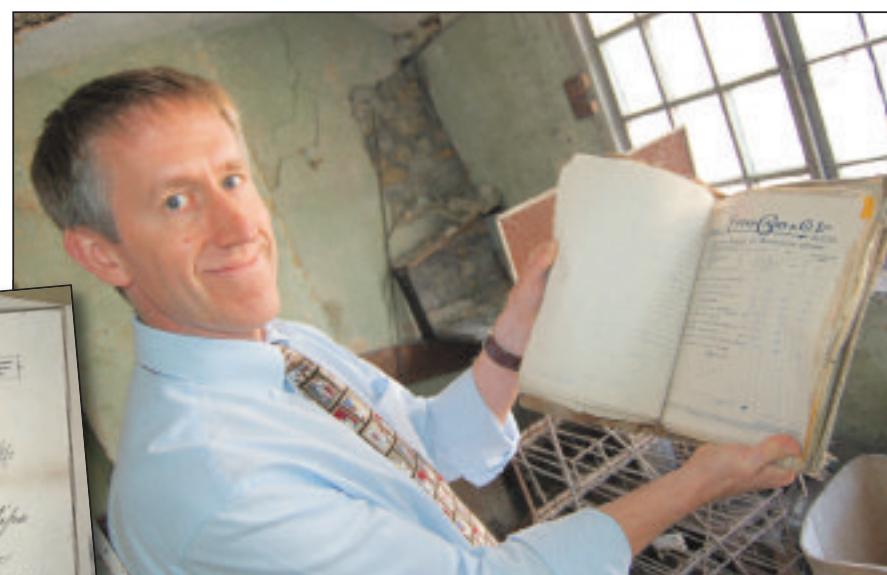
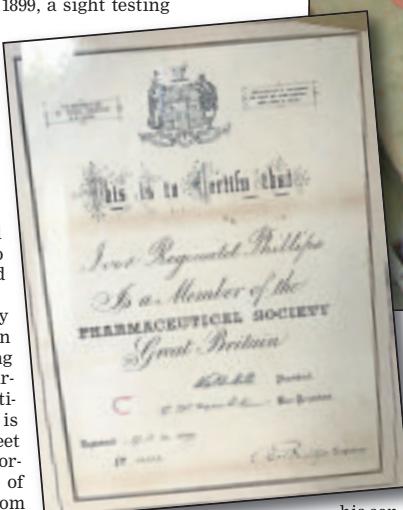
1904, a Metropolitan College of Pharmacy certificate dated 1897 and a Pharmaceutical Society examination certificate dated 1898."

All these had been issued to Ivor Reginald Phillips.

It is not exactly clear from when and for how long he had the pharmacy (and the opticians in what is now The Sweet Shop), but Mr Morton has a photo of Mr Phillips from 1915, and believes that he died at some point in the 1940s.

For how long the first floor room and its contents were left undisturbed is anyone's guess.

The most recent item on display when *Pulman's Weekly News* visited was a huge and rusty aspirin



■ IAN Morton upstairs with a 1947 invoice binder and, left, a Pharmaceutical Society membership certificate from 1899

tin from 1963.

There was also a parcel wrapping addressed to the Llewellyn pharmacy, with a Waterloo Station stamp from November 1956.

Jim Llewellyn was the owner before his son Gwyn took over in the 1970s, carrying on the building's long tradition.

The premises are said to have housed a pharmacy, under different names, from 1911 (with Mr Morton arriving in 2001) until this spring - a total of 106 years.

Mr Morton was quite amazed by what he found.

Apart from the certificates there was a collection of invoice binders, one of them giving precise details of what was ordered for the pharmacy throughout 1947.

When asked what he will do with it all, Mr Morton said: "Anything salvageable we'll keep."

The certificates, having already been given a polish, will be displayed around the new pharmacy by popular demand.

On a separate note, Mr Morton also said that the former and now empty premises across the road have attracted some interest, but no deal has been made so far.

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Town council stick with Local Plan relief road suggestion

AXMINSTER Town Council is to stick with the north-south relief road already in the Local Plan when applying for Government funding.

As previously reported, it was decided in August to seek money from a new fund towards a much-needed relief road.

But a group of councillors, including Brian Watson and Sue Spiller, wanted to explore the possibilities of a relief road to the west of the town instead.

Councillor Watson said at the August meeting: "If we are going to ask for some extra money, may we ask for some money to put the road on the

western side of town rather than through housing estates on the east?"

The cost of a north-south relief road to the east of the town – linking Chard Road (A358) to Lyme Road (B261) – is estimated at £15million, according to town and district councillor Andrew Moulding – who estimated the cost of a western relief road at £50 million.

The latter is not part of the Local Plan, so would cost more time as well, possibly up to 15 years.

The merits of the two options were discussed during the town council's September meeting and generated robust

debate.

In the end, it was decided to stick with the relief road already in the Local Plan.

This option is tied in with proposed housing and employment space developments north and east of the town, but it is hoped that a Government grant would speed things up and that the relief road would come under a separate planning application and be built before any other development.

A Government grant would not cover the full cost.

Other funding options include developer contributions and local enterprise partnership money.

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New Trefoil Guild evening meeting

AXMINSTER Trefoil Guild, which provides opportunities for ladies to take part in Guiding for adults, is about to start a new branch, which will meet in the evening once a month.

The present branch meets in Axminster Senior Citizens Centre on the last Thursday of each month at 2.30pm, and welcomes new members.

But if you would prefer an evening meeting, do come along to the first meeting of the new branch on Wednesday, October 11th at Colyton Guide HQ in Rosemary Lane, Colyton, at 7.30pm.

Organiser Kay Short said: "Several decisions

will be made that night and we look forward to welcoming not only ex-Brownies, Guides or Leaders but present Leaders too, and other members of the public who may be interested in a variety of activities – physical, crafts, hobbies, trips and, most of all, fellowship with like-minded people.

"You do not need to have been in the Guide movement before. This is an exciting new venture in the area and we look forward to welcoming you."

Further details can be obtained by ringing Janet on 01297 34691 or Kay on 01297 552711.



The Project celebrates its fourth anniversary

AN AXMINSTER charity has celebrated its fourth birthday.

The Project celebrated in style by having a birthday bash at its base in the Pippins building.

The Project, which also has a presence in Chard, provides support for young people (aged 13-24) with emotional and mental health issues.

It also provides support to parents and carers, as well as working in schools and the wider community to raise awareness around mental illness.

Founder Debbie Humberstone was clearly moved giv-

ing her speech, saying: "I can't quite believe we have been open for four years.

"From a handful of young people we supported to the 200 plus we have supported since."

She explained that 40 young people are supported at any one time in Axminster and Chard respectively.

Ms Humberstone also said that a third group might be opened in the not so distant future, but she was unable to give further details at this moment in time.

She did say, however: "A huge thank you to staff and

volunteers. It is an amazing team we have."

She also praised supporters of the charity who help in many different ways, including raising funds by undertaking challenges like long-distance runs and so on.

Axminster mayor Jeremy Walden was guest of honour and praised the organisation for its work.

The Project has just started a crowdfunding initiative to raise the money required to be fully operational for another year. The crowdfunding page is at www.crowdfunder.co.uk/theprojectp

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FoSL unveil new logo

THE reshaped group running Friends of Seaton (FoSL) has created a brand new logo, a new newsletter and are ready for the autumn season.

First up is a short story creative writing competition for all ages, which opened for entries this week.

In short, each entry must open with a set text: "I was sitting on Seaton beach when..."

Writers are asked to go from there in a direction of their choice; be it funny, scary weird or anything else.

Entries can be no more than 500 words, a full list of information and rules is on the library notice board, and the closing date is November 1st.

Speaking about the future as

Anders Larsson

Chief reporter
anders@viewnews.co.uk

a whole, publicity officer Elizabeth Parker said: "Jill Cavell, the inspirational chairman and founder of FoSL, had to step down for personal reasons earlier in the summer - so the friends were forced to regroup, building on the firm foundations that Jill had laid out.

"Fortunately, she is still very much around as a regular volunteer and she and husband John still give invaluable practical support."

She also said there are all sorts of exciting plans in addition to already established

events.

'A Book & A Brew' is held on the first Monday of every month from 10.30am to 11.30am, and a new venture, Eleavers, will happen on the third Saturday of every month, also from 10.30am to 11.30am, from October.

All dates and notices of events will be on the FoSL noticeboard in the library and "absolutely everyone" is welcome to attend.

Membership of FoSL costs just £1 a year and entitles you to £1 off the ticketed Talk and Tea Author events.

Volunteers are always needed and more information is available by emailing foseatonlibrary@outlook.com



FoSL acting chairman Christine Gregson-Watkins and fellow friends Peter Burrows, Elizabeth Parker and Penny Gail promote forthcoming events and show off the group's new logo

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THE demolition of Seaton Tramway's terminal started on schedule. The old building will make way for a new state-of-the-art £2 million station, set to open next spring. During the demolition and construction periods, trams will run from the Riverside depot, with a shuttle connection to

Colyton Library needs your backing for solar panels

COLYTON Library is asking the local community to back it in a bid to win £4,500 for solar panels.

The library building now belongs to Colyton Parish Council and the running and maintenance costs are split between the Friends of Colyton Library and management company Libraries Unlimited.

Volunteers are hoping to reduce these costs by installing

solar panels on the building, which will provide free electricity and a small income.

The library has been short-listed for the Marks & Spencer Community Energy Fund and could win £4,500 towards the cost of panels if it receives enough votes from the public.

Jane Dancey from the Friends of Colyton Library said: "With enough of your online votes we

will receive funding to enable us to put solar panels on the roof of the library.

"This will reduce the running costs and earn income for the building, helping it to be more sustainable and to continue to be available for our local population. If you believe in libraries, please vote for us."

To vote for the library, visit the website at <http://bit.ly/2xtVhz9>

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New speed warning sign

SPEEDWATCH campaigners have welcomed the installation of a speed warning sign, and promise to keep the pressure on for more measures.

Formerly known as a Vehicle Activation Sign (VAS), it has been installed on the downward approach to Seaton Down Hill to remind drivers of the 30mph limit.

Paul Allan and Jack Rowland, who are members of the local Speedwatch team, met Devon County Council Highways officers in September last year to push for a range of improvements, including reducing the speed limit on the A3052 to 40mph in both directions at the junction with Seaton Down Hill and – on the latter road – until the 30mph limit is reached.

Other improvements sought were improvements to the size of the signs on the posts and road surface, making sure vegetation does not obscure the signs on the posts, installation of a VAS and a pedestrian island crossing.

Messrs Allan and Rowland said: "Last September the DCC Highways Officers did not agree to the reduction in the speed limit from the current national speed limit of 60mph to 40 citing the lack of fatalities or serious accidents

as a reason.

"However, the team will continue to campaign for this change as the findings from our speedwatch sessions continue to show a consistent percentage of drivers continue to exceed the speed limit and that is when we are present with warning signs displayed, so we know the percentage is higher when we are not present."

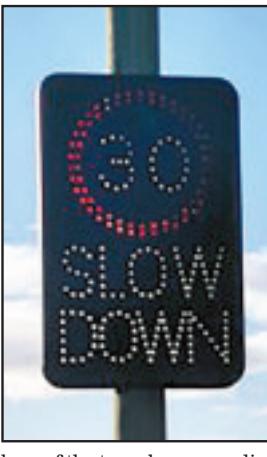
DCC Highways have recently indicated that they will review the current speed limit.

The funding for the sign has, through the efforts of Mr Rowland in his town councillor capacity, been provided on a 50/50 basis by Seaton Town Council and the locality budget of former county councillor Jim Knight.

Mr Rowland said: "The funding was in place in April and it has taken until now for the installation to take place."

"It is worth mentioning that some members of the public believe we can operate from other locations in Seaton as well as Seaton Down Hill.

"We cannot as the police have to carry out their own monitoring and agree speeding issues on other roads before authorising a speedwatch team to operate and the mem-



bers of the team become police volunteers.

"The area we operate from on Seaton Down Hill is the only authorised spot in Seaton."

"If residents of other areas of Seaton feel they have a speeding problem close to where they live then they need to contact the police to request initial monitoring."

"The speedwatch team have met all the action points attributed to them by DCC Highways – we will continue to campaign for the action we want to see from them as outlined earlier."

Surplus Grizzly t-shirts on their way to Botswana



■ MEMBERS of Seaton and District Lions Club with a selection of t-shirts before their dispatch to Botswana

Photo by
IAN BARRADALE

A STASH of 150 Grizzly Run t-shirts will be sent to an orphanage in Botswana.

For the past few years Seaton and District Lions Club have been helping Seaton resident Jean Kreiseler with support for the Bana Ba Letsatsi (BBL) Orphanage in Botswana.

Bana Ba Letsatsi operates a non-governmental rehabilitation center that offers a place of safety for orphans and vulnerable children aged five to 14 years old.

A club spokesperson said: "They have never been to school or have dropped out at a very early age; they may have suffered sexual or physical abuse, or been begging or working under-age and abusing drugs."

"Some walk to the BBL

premises, some are brought by parents or older siblings, others are picked up each day with the mini bus.

"They are given a meal, and spend time doing class work, with the object of getting them back into school something which BBL is very successful at achieving.

"They also have help with their attitude to life, and emotional problems, in an effort to give them back their self esteem.

"They are still cared for in the school holidays, when lots of activities are arranged for them."

The children who have got back into the state school system can come to BBL for help any time, and those with emotional problems have on-going

help.

One of the Seaton Lions, George Mabon, suggested that the Lions contact Axe Valley Runners to ask if they had any surplus Grizzly Run t-shirts which could be donated to the orphanage.

Axe Valley Runners kindly donated 150 t-shirts, and postage and packing has been sponsored by Axminster Tools & Machinery.

They will be told where they have come from, and they already know how Axe Valley Runners and Seaton & District Lions Club are helping them.

The spokesperson added: "Seaton and District Lions Club would like to thank both Axe Valley Runners and Axminster Tools & Machinery for their support."

Suspended sentence for woman who spiked toddler's drinks with morphine

A SEATON woman was handed a two-year suspended jail sentence for giving a small child a potentially fatal morphine overdose through spiked drinks in a hospital.

Exeter Crown Court heard that Charlotte Lee, 21, left spiked bottles with the child during visits to Royal Devon and Exeter Hospital over a three-day period, then tried

to blame the child's father.

She admitted administering a poison or noxious substance with intent to endanger life in February last year.

The court also heard that Lee suffered from a psychological disorder which meant she believed the drugs helped the child.

Her defence said Lee has turned a corner in her life and

accepts she needs help and treatment.

Apart from being given a two-year suspended jail sentence, she was also ordered to receive psychiatric counselling as part of 35 days of rehabilitation activities, by Recorder David Bartlett.

The toddler needed emergency treatment in a paediatric high dependency unit.

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Honiton company celebrates 20th anniversary in style

EXCESS inventory management company CCL, based on Heathpark in Honiton, recently celebrated its 20th anniversary with a fabulous lunch at The Pig – at Coombe, hosted by managing director Adam Chinery.

Mr Chinery said: "To have a successful business running for 20 years in this climate is a great achievement and one that we wanted to celebrate with everyone involved in the company, including families."

"Twenty years is a long time, and a lot can happen in that time both professionally and privately."

THE team at CCL enjoyed a fabulous lunch at The Pig – at Coombe to celebrate 20 years of the company

"We've had marriages, children, and new staff that weren't even alive when the company was formed! It's been a busy 20 years; we've endured tough times, and enjoyed good times, but I've enjoyed every day of it."

"As a company we have something unique, everyone cares about the company and that's what makes us different. Without the team, we wouldn't be here."

The company also celebrated 20 years by refreshing its logo and has just returned from exhibiting at an electronics show in New Delhi in India.

DEVON'S fastest growing traditional karate club marked its one year anniversary recently with a special celebration event at the relaunch of Honiton's LED leisure centre.

SYTL (Say Yes To Life) was launched in September 2016 by Sensei Paul Batters, a Japanese graded Black Belt, with the support of LED Leisure whose members train for free as beginners, then half price after their first grading.

Having started with just a handful of students, the club now has over 100 attendees per week from the age of four to 74, many of whom turned out for a special birthday party and family fun class on Saturday.

Karate teacher and personal trainer, Paul, started the club with the aim of making quality martial arts affordable and accessible to all, no matter the age or ability level.

He said: "It's an honour and a privilege to see the changes and improvements in so many people of all ages in such a short time.

"Over my 14 years of teaching experience I've seen first-hand the benefits that karate gives every student; the confidence, fitness, concentration, discipline and, of course, self-defence, learned through



Karate club's first birthday

martial arts is second to none."

"I'm very proud of all of our students and look forward to the SYTL family growing and growing so that we can help as many people as possible."

SYTL Karate Club has members ranging from white belt beginners to 6th Dan black belts.

It also helps students with many physical and psychological challenges including ADHD, autism, Aspergers, anxiety, depression, dyspraxia, and amputees to name just a few.

In addition to regular classes, SYTL also holds a wide variety of events throughout the year such as Karate pool parties, flying kick competitions, tournaments, fancy dress karate and Christmas classes with Sensei Santa.

Regular gradings are held

to enable students to progress and be rewarded as they gain experience and improve in ability. SYTL's gradings are internationally recognised.

Paul added: "For those who are unsure about learning karate, we are also starting a new 'Fight-Fit' class which is a Martial Arts-based circuit class for teens and adults."

"You don't have to be great to start, but you do have to start to be great!"

The club runs eight classes a week at Honiton Leisure Centre on Mondays, Wednesdays and Saturdays, with a variety of sessions covering all ages and abilities.

To find the best class for you and book a free taster session go to www.sytlinquiries@hotmail.com or 01395 239143.



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TICK TOCKS

DAY NURSERY AND PRE-SCHOOL

We will be opening our new nursery on Monday 2nd October 2017, with an open day on Saturday 30th September, 12 to 2 pm.



FOR 15 years Alison Coleman and Lynn Knight have been running the popular Tick Tocks and will celebrate their hard work and dedication in superb fashion by moving into a brand new, specially built nursery.

Proprietors Alison Coleman and Lynn Knight are excited for the new opportunities they will be able to offer the children with a brand new pre-school including an all weather outdoor play area.

Babies and toddlers will also have their own dedicated play space space to explore using their senses to learn and develop. The youngest users of the nursery will also have

their very own all weather play area outside as well.

Alison and Lynn are confident the transition to the new building will be successful and they are taking their trusted and experienced staff with them. Their senior supervisor, Sarah Perryment, has been with the group for 15 years and leads the team.

Alison and Lynn say their long standing staff are the heart of the nursery and give a high level of care to the children.

Play Cafe will be
opening in November



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TICK TOCKS

DAY NURSERY AND PRE-SCHOOL

TICK TOCKS is moving from a bungalow in Lyme Close to the purpose built facility on Millwey Rise and following the announcement, Lynn Knight said: To have a purpose built nursery and pre-school that is built purely based on the needs of the children is a dream

come true. This will enable us to further expand the opportunities and continuous provision available for the children and offer greater flexibility for their working parents."

Alongside the nursery will be a Play Café, which will be open to the public.

It will be a place where family and friends can meet, enjoy the quality food and drink available, whilst the children have fun and explore. The Play Café will also offer group sessions such as toddler groups, music sessions and birthday parties.



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The Axminster Tools & Machinery Team congratulate
Tick Tocks
on the opening of their new nursery and wish them every future success.

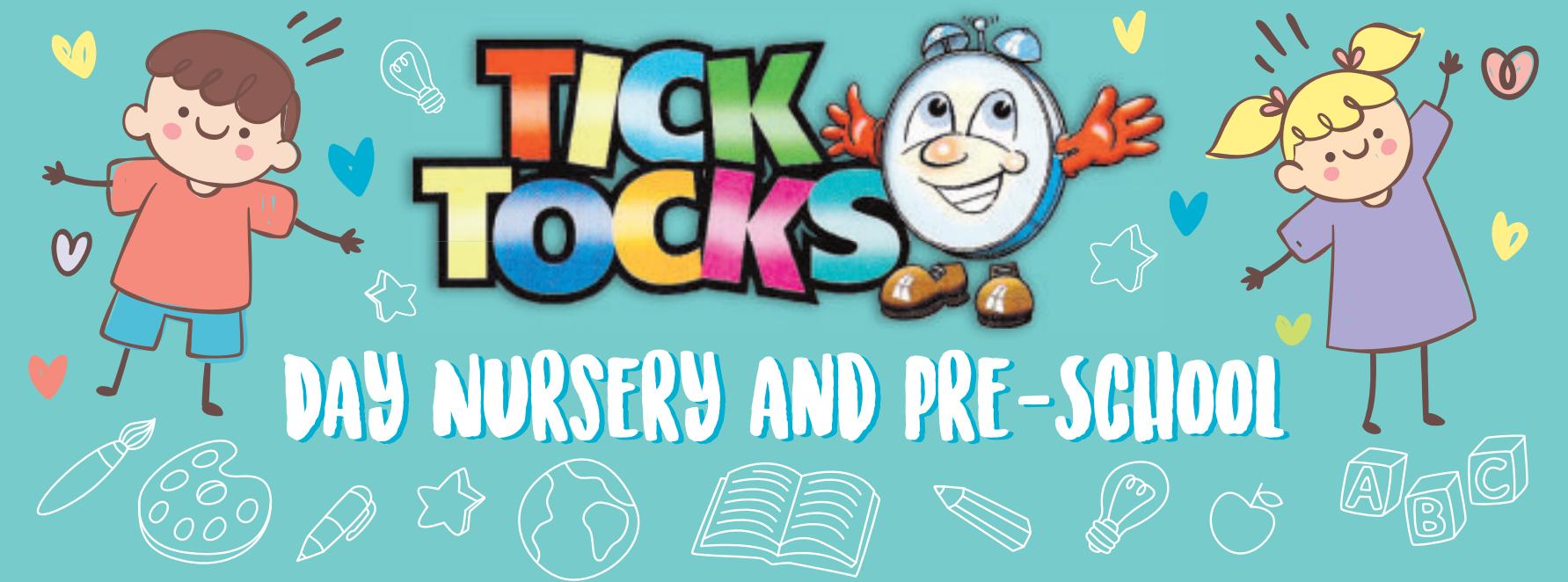


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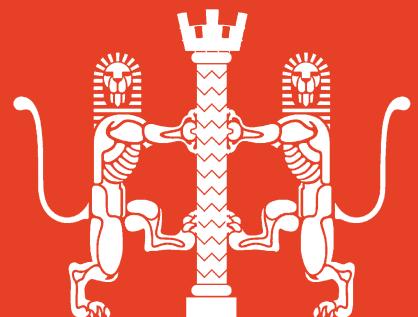


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Charity champion Alan Rowe celebrates half a century of barbering

LOCAL fundraising legend Alan Rowe MBE recently celebrated 50 years of barbering with charity donations to two Honiton based charities.

The shop that Alan owns,

Peter Hodges
Reporter | peter@viewnews.co.uk

Alan Rowe Barbering, was also celebrating 25 years in Honiton and regular cus-

tomers and friends were welcomed along for a glass of champagne to celebrate.

Alan, who is well known for his fundraising exploits, gave two cheques for £1,000, to

TRIP Community Transport and Honiton Dementia Action Alliance for their Admiral Nurse Campaign.

Alan Rowe said: "Fifty years ago I started my barbering apprenticeship, my wages were £2 a week with prices of 4s/6d for a haircut (22.5p) and 8s/3d for a shampoo and haircut.

"With others of the time I've been at the forefront of the revolution in men's styling in the 60s seeing styles and fashions change over the years – enough to know that little is really new!"

"We are all so proud of the shop's community; over the years our customers and friends have shown the most amazing belief and support in so many ways towards our local charities, community projects and affairs showing the best of humanity – to say thank you never seems enough, but it is truly heartfelt."

HONITON Dementia Action Alliance were delighted to receive their cheque for £1,000 (left) and (above right) Alan Rowe and his trusted team, including wife Pauline, at the event



Don't forget to use TRIP

TRIP, the community transport provider, is reminding residents to use their service to help beat isolation.

Research has shown that loneliness and social isolation are increasingly harmful to health. Those who lack regular social connection are more at risk, with the likelihood of early mortality increasing by 26 percent.

TRIP is a well established charity, whose aim it is to provide the means of reducing the isolation of local people by offering Ring & Ride monthly programs of days out, holidays away, group outings and shopping trips, plus volunteer car transport for individuals to medical appointments, as well as wheelchair accessible transport for those requiring special assistance.

Call TRIP on 01404 46529 to enquire about their range of services or check out their website at www.tripcta.org



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At exhibition winners announced

SEATON & DISTRICT ART SOCIETY: For the first meeting since the summer exhibition, members were treated to a well prepared and informative demonstration by Lynda Kettle, member of the Birmingham Water Colour Society.



LYNDA Kettle

With her prepared sketch of a window with shutters and foliage, Lynda emphasised the need for showing tonal values.

She reminded members to keep sketch books and mix colour charts for reference.

Drawing directly with the brush Lynda uses wet-on-wet and wet-on-dry techniques, making sure that layers are thoroughly dry before over-painting with the latter.

She uses lots of colours, mixing her own greens using transparent yellow, manganese blue, cerulean, ultramarine blue and Winsor violet.

She shows the direction of the light by contrasting the light areas with darker and shadowy ones.

Lynda drew in the shutter with a small brush, paying particular attention to architectural detail, and dampened the paper before adding the foliage, representing leaf shapes with

the brush and allowing the colours to bleed into one another.

The light pinkish wall was washed on freely with a large brush using burnt sienna and not going to the edge of the page.

The bright geraniums were painted with cadmium red and alizarin crimson, the terracotta pots with alizarin crimson and burnt sienna working from light to dark to give form and texture.

A wine glass and bottle seen through the dark window (burnt umber and burnt sienna) added to the French flavour.

Lynda warned against over-working a painting and suggested neutral tint for darkening colours rather than Payne's grey which does not mix well with other colours,

being too dominant. She also encouraged the use of good quality paper as mistakes can be washed off. She said that she always stretches Arches Aquarelle paper, paints with Winsor and Newton sable brushes and uses large tubes of watercolour as they do not dry out so quickly.

Chairman Geoff Mitchell announced the award winners at the exhibition: The President's Cup - Mag-

gie Luff for The Artist's Model;

The Devon Framer's Cup - Ali

Foxcroft for Winter Light

Across Seaton Wetlands;

The SDAS Salver - Boots Hackman

for The Cherry Orchard, Mitre

Box Cup - Peter Lund for The

Cornish Riviera Express;

The Bob Hurndell Cup - Cynthia Underdown for Boar Trait;

The Joan Hutt Memorial Cup -

Adrian Ballantyne for Daisies

and Oranges; The Maggie Lodge

Rose Bowl - Jacqueline Walker

for Snowdrop; The Barbara

Hollingsworth Award - Boots

Hackman for Betty my M.I.L

The next monthly painting demonstration has a boating theme, also in watercolour, by David James on October 2nd from 2-4pm at Seaton Town Hall. New members and visitors are always welcome (£3).

Autumn abundance for flower arrangers

COLY FLOWER CLUB: First business of the day was to thank Liz Gosling and her husband for hosting a cream tea and sale table in her lovely garden during Au-

gust.

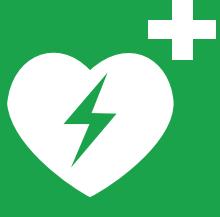
After the business Gretchen White from Bude, gave a demonstration of 'The Abundance of the Season'. She said it was a good time in the garden now moving in to harvest and went on to produce an arrangement using some lovely large pieces of eucalyptus bark placed into oasis. Using the foliage of the tree to fill in she placed pink stocks, purple freesias, pink lisianthus, purple clematis and several stems of large head pink roses, which all blended well with the brown of the bark and silvery leaves of the eucalyptus.

Gretchen's final interpretation of a large flower head in a tall terracotta vase was quite different, using woven phormium leaves sprayed gold and silver as sepals, rubus tricolor and more zebra grass as stamens, with white calla lillies and alstroemeria around the outside she then placed white roses in the middle as a spiral.

The demonstration finished with a vote of thanks from Caroline Ellis. The competition winners were: novice - Jenny Male, intermediate - Christine Penny and advanced - Lindi Richards.

The next meeting will take place on October 3rd at 2.15pm at Colyford Hall and with Christine Harrington from Callington 'Evoking Memories'. The competition will be 'Holiday Memories' offering plenty of scope. New members and visitors welcome.

Axe Valley Parishes Together Defibrillator project



Deputy Leader of East Devon District Council and Parishes Together Fund panel member, Cllr Phill Twiss said:

"We were very pleased to be able to support this worthwhile project with nearly £8,000 of funding. The Parishes Together Fund is money from Devon County Council and East Devon District Council that town and parish councils work together to bid for to fund community projects. These defibrillators, which anyone can use in an emergency, can increase the chances of survival after a heart attack, and are very valuable resource for communities to have."



7 defibrillators (A.E.D.'s) have been installed across the Axe Valley region

In a cooperative project between the parish councils of All Saints, Chardstock, Hawkchurch, Kilminster and Axminster Town Council and using a combination of Parishes Together funding, parish reserves & DCC Locality grants, the 5 councils involved worked together to install these life-saving devices on public and private buildings across the Axe Valley, bringing the total number of publicly accessible defibrillators to nine.

Clerk to All Saints and Chardstock Parish Councils, and project co-ordinator, Paul Hayward said that the councils involved wished to thank all who helped bring this project to fruition, especially the Trustees of the Village Halls, the owners of the retail outlets hosting the cabinets, Devon County Council and East Devon District Council for their funding support, Jamie Buckley at EDDC for her enthusiasm and assistance, and all the members of the community who helped with the installations.

Awareness Training Sessions have been organised to help the public use this equipment

Axminster's St. John's Ambulance group have kindly offered to provide a series of awareness events to help local residents feel more assured at using these devices in an emergency. Please contact Paul Hayward on

07711 929227 for more details.

Dates as follows:

Monday 2nd October 6pm -
All Saints Village Hall

Friday 6th October 6pm -
Chardstock Community Hall

Thursday 12th October 6pm -
Axminster Guildhall

Friday 13th October 6pm -
Hawkchurch Village Hall

Monday 16th October 6pm -
Kilmington Village Hall

Monday 23rd October 6pm -
St. John's Ambulance HQ, Millwey

NO CHARGE - but booking advisable

Remember:

- CALL 999
- KEEP CALM
- FOLLOW INSTRUCTIONS
- GIVE LOCATION
- GET ACCESS CODE
- REMOVE A.E.D.
- TEND TO CASUALTY
- (A.E.D. WILL HELP YOU)
- AWAIT AMBULANCE

CONGRATULATIONS!

By using the A.E.D.
you may save a life!

Where to find your nearest defibrillator?

- Axminster Guildhall
- Central Stores, Millwey
- Raymonds Hill Post Office
- All Saints Village Hall
- Chardstock Community Hall
- Hawkchurch Village Hall
- Kilmington Village Hall
- Millers Farm Shop
- Tesco Axminster
(during store opening hours)

ILMINSTER CARNIVAL

SATURDAY 30TH SEPTEMBER AND SATURDAY 7TH OCTOBER



COME AND JOIN THE CARNIVAL FUN AT ILMINSTER CHILDREN'S CARNIVAL, 30TH SEPTEMBER 1.45PM - MAIN PROCESSION, 7TH OCTOBER 7.15PM

THE children's carnival this year is on the 30th September and will start at the Ille Youth Centre at 1.45pm. Anyone who wishes to enter the childrens carnival can complete our online entry form by Thursday 28th September. Ilminster Carnival Main Procession is on the 7th October 2017 this year and the procession will start at 7.15pm from Bay Hill and make its way down east street into the market square and

then go up through silver street before moving onto the main road through Ilminster and down station road past the shrubbery hotel before reaching the dispersal area by the roundabout by the Texaco garage.

This year we have around 60 entries taking part in the procession from feature, tableau and comic carts, as well

as walking entries and a number of collecting vehicles. These collecting vehicles are a key part of our carnival as we want to try and collect as much money as possible to go back into the community and the future of Ilminster carnival. With the old £1 coin soon going out of circulation, don't miss out on being able to use the old coins by donating your coins into one of our collecting buckets or vehicles.

Bay Hill road will be closed from 2.30pm while other roads on the carnival route will be closed to traffic from 6pm and all parked cars need to move by this time.

This year at Ilminster Carnival there will be Official Carnival Sellers who will be selling flashing wands, batons, windmills, whistles and other carnival merchandise, with prices ranging from £2 to £4. The sellers will be found at official stalls along the carnival route. The purpose of selling our own merchandise is because each year street traders come along to our carnival selling their items but Ilminster doesn't benefit from any money collected despite recent press claims that traders do donate to the carnival, Ilminster have never benefitted. By selling our own merchandise

Ilminster Carnival will be able to donate money to the local community.

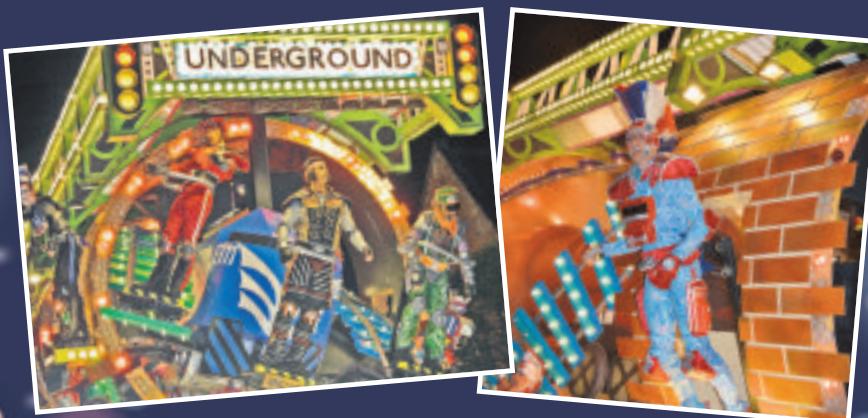
Quiz Night at The Shrubbery

A fundraising event for Ilminster carnival this year is our quiz night at the shrubbery hotel on Wednesday 4th October. This has been kindly organised by Ilminster Rotary club, Teams of 4 for £6. Doors will open at 7pm for a 7.30pm start.

Our Decorated Window Competition begins on the 30th September until 7th October, around 15 shops in Ilminster are going to be decorating their shop windows with a carnival inspired theme to set the mood in the town for carnival week.

There is car parking available on carnival day at the Doctor's Surgery along Canal Way for £3 per car.

We would like to thank a number of local businesses for supporting Ilminster Carnival 2017 including Grinters, Howdens Joinery Co and Branston Ltd.



JUST THINGS

WENDY and David at Just Things would like to thank all our loyal customers for their continued support and always look forward to welcoming new ones.

Our everyday greetings cards at £1 each continue to be very popular and we already have this year's Christmas cards which support Traidcraft, Christian Aid, CAFOD and SCIAF in the shop. Much of the new season's stock is also now in

including a range of incense cone gift sets and perfumed sachets. There are some new additions to the colourful wooden toys from Lanka Kade including a smaller bus and shape sorters. The fairies, pixies and pirates have been joined by mermaids and stocks of fairy sparkle replenished. A limited number of skirts and trousers made from recycled silk await the ladies and there are patchwork waistcoats for the gentlemen.

Still to come are a greater range of the stripy pottery, novelty salt and pepper sets and environmentally friendly Himalayan salt lamps. There are also some bargains from the summer stock such as garden ornaments and unisex cotton shirts and trousers.



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ILMINSTER CARNIVAL

SATURDAY 30TH SEPTEMBER AND SATURDAY 7TH OCTOBER



CHILDREN'S CARNIVAL PROCESSION RULES

- No entry into Ille youth Club before 12.30pm
- No parking or unloading in Frog Lane and Ille Youth Club car park
- No motorised vehicle allowed in procession
- All children to take part at their own risk and with adult supervision.
- While judging takes place in coned area could all public please stand back so that the judges can see who is being judged.
- Return entry form to Ilminster Home Hardware before Thursday 28th September. Entry forms also available from the Chard and Ilminster Newspaper two weeks before or on Ilminster Carnival Committee website. Any enquires ring 01460 54649 or email ilminstercarnival-committee@hotmail.com



Class 1: Single entry up to 7 years old on foot. 1st - £10 and Chrissy Male Trophy, 2nd - £8, 3rd - £6, 4th - £4.

Class 2: Single entry 8 years old to 16 years old on foot. 1st - £10 and Halfway Cup, 2nd - £8, 3rd - £6, 4th - £4.

Class 3: Pairs up to 16 years old on foot. 1st - £12 and Top Knots Trophy, 2nd - £10, 3rd - £8, 4th - £6.

Class 4: Group of 3-6 children on foot. 1st - £12 and Ilminster Carnival Cup, 2nd - £10, 3rd - £8, 4th - £6.

Class 5: Group of 7 or more children on foot. 1st - £14 and Ilminster Carnival Cup, 2nd - £12, 3rd - £10, 4th - £8.

Class 6: Individual or pair or group of 3 with non-motorised vehicle including pushchairs bikes etc.(up to 16 years old) 1st - £12 and Paula White Plate, 2nd - £10, 3rd - £8, 4th - £6.

Class 7: Group of 4 or more with non-motorised vehicle including pushchairs,

bikes etc.(up to the age of 16 years old) 1st - £14 and Norman Bellow Trophy, 2nd - £12, 3rd - £10, 4th - £8.

Class 8: Federation class-single or pair entries that are going to take part in 3 or more South Somerset Federation Carnivals. 1st - £12, 2nd - £10, 3rd - £8, 4th - £6.

Class 9: Federation class-group of three or more that are going to take part in 3 or more South Somerset Federation Carnivals. 1st - £14, 2nd - £12, 3rd - £10, 4th - £8.

Originality: Chard and Ilminster News cup

Spirit of Carnival: Tony Goverd Cup

Best overall individual costume: Barbara Lee Cup

Overall: Chard and Ilminster News cup (taken from 1st prize winners)



ILMINSTER CARNIVAL MAP 2017

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Walkers set off to raise funds for churches trust

MORE than 12 members of the Five Alive Mission Community Churches, together with five dogs, strode off from Stockland Church on Saturday, September 9th for a sponsored walk.

They were led by Bryan Drew walk in aid of the Devon Historic Churches Trust.

The trust has helped many churches financially over the years, and Kilmington Parish Church benefited recently.

In spite of the poor weather forecast, the group encountered only a sprinkling of rain and the walk through the fields and along

the paths to St Peter's Church in Dalwood and then to Kilmington Church was thoroughly enjoyed by all.

Prayers in all three churches were led by the Reverend Simon Holloway, who was one of the walkers.

Coffee in Dalwood was enjoyed and delicious soup with rolls at the New Inn in Kilmington were much appreciated.

The total raised, of which 50 per cent will be returned for the benefit of the individual churches, will be announced in due course.



■ ON TOUR: The walkers with Dalwood Church in sight



■ RINGSIDE SEATS: The youngsters try out the new outdoor stage facilities

Outdoor stage area takes shape

CHILDREN at Shute Primary School have seen their new outdoor stage area being completed, following two years of fundraising.

The area features tiered seating down to an existing stage area, surrounded by a colourful array of trees, shrubs and ground cover.

It forms the major part of the £25,000 grounds project which the school has

been fundraising for over the past two years.

Tesco Bags of Help Scheme donated almost half of the money, with other significant donations coming from East Devon AONB and The Northbrook Trust.

Other local businesses including Bradfords, Otter Nurseries and Wains Transport (plus a number of individuals) supported the project with donations in kind or financially.

Headteacher Clare Rinaldi said: "It has been a tremendous community effort and we are absolutely delighted with the result.

"This will make a significant difference to the school and locality, providing an amazing area for recreation and learning."

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Colyford Goose Fayre

Saturday 30th September 2017



Get Medieval at the 38th Colyford Goose Fayre!

ON September 30th the 38th Colyford Goose Fayre will be taking place.

The Fayre was revived in its current form 38 years ago, but was known to have existed in medieval times, which is the main theme of the afternoon. Everybody is encouraged to dress the part.

For one day every year our village steps back to medieval times and hundreds of people travel miles to come and see the event.

Hasten to the 38th Colyford Goose Fayre

Saturday 30th September at Springfield, Seaton Road

Admission by programme or £3.00 payable at the gate

One programme per person

Children under 14 go free when accompanied by an adult

Dogs on a lead are welcome

Free Car Park

£3 Programme

Any profits from the fayre are used for the village and some local organisations also benefit. From the outset it was decided that the aim of holding the fayre was not to make unwarranted profit but to hope to gain enough to stage another fayre in the following year, for the benefit of all the local people.

The event organisers expect to sell 2,500 programmes at £3 each year with children going free and with free parking.

The event starts at 2.00pm with a procession of locals in medieval costume; followed by a programme of dancing, music, medieval crafts, stalls, the now renowned Mummers play and a ram roast all contribute to the atmosphere. The inevitable beer and tea tents make for a family afternoon out.

Programme of Events

1.30: Costume Procession, Starts from the Elms	3.00: Colyford Mummers Play (on the stage)
2.00: Opening Ceremony Fanfare to welcome procession to Springfield	3.00: Ferret racing
2.10: Exeter Morris Men (on the stage)	3.45: Exeter Morris Men (on the stage)
2.10: Ferret racing	3.45: Meredown Falconry Flying Display
2.30: Medieval Dancer Group (on the stage)	3.45: Punch and Judy
2.30: Meredown Falconry Flying Display	4.10: Medieval Dancer Group (on the stage)
2.30: Punch and Judy	4.10: Ferret racing
	4.20: Pretend Goose Auction
	4.30: Curfew

THE OPENING PROCESSION
starts at The Elms at 2pm
proceeding to Springfield for
THE OFFICIAL OPENING at 2.30pm



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Get the history right!

■ WITH reference to your article 'George Hotel is finally sold', Axminster September 19th edition

One can only hope that the new people appointed to run the George Hotel in Axminster are better publicans than they are historians.

Cromwell's role in subduing the Monmouth Rebellion was somewhat limited possibly owing to the fact that he had died some 26 years earlier.

His actual birth date is April 25th, 1599 and he died on September 3rd, 1658 whereas the Monmouth Rebellion (Monmouth was a duke and not an earl) commenced with his landing at Lyme Regis on 11th June 1685 and ended at the Battle of Sedgemoor on 6th July 1685, Monmouth being executed for high treason on 15th July, just nine days later.

It is important to get this right as the rebellion resulted in terrible consequences for the West Country, but powerful figure as Cromwell is in English history, he took no role in this ill fated exercise.

The person actually in charge of the King's forces was John Churchill, later to become the Duke of Marlborough and an ancestor of Winston.

I do wish the best of good fortune to the Charnons in their running of the George. It can only benefit the town to have it back again after a long absence.

PETER BARRETT
Axminster

Exercising my democratic right

■ FOLLOWING the appalling decision to close all Seaton hospital beds, I have written directly to Theresa May outlining the history and asking her to personally intervene - since we're supposed to live in a democratic country.

SARAH BEVAN
Seaton

Send your letters to Francesca Evans at Pulman's View From Newspapers, Unit 3, St Michael's Business Centre, Church Street, Lyme Regis, Dorset DT7 3DB or email francesca@viewnews.co.uk
Anonymous letters will not be published except in special circumstances. Letters may be edited to fit space available.
Please include your address (only your name and home town will be published); this includes letters sent by email.
The views expressed in letters are those of the author and not necessarily of this newspaper.

Local Conservatives are totally opposed to hospital bed closures

■ I AM very concerned that there has been no report on the strenuous efforts made by East Devon District Council to oppose the closing of beds in the rural towns and our south-eastern coast.

We formed a joint committee with town and county councillors, with an independent chairman, to oppose proposed bed closures in our cottage hospitals in 2015. The CCG ignored our representations for Axminster, Budleigh Salterton and Ottery St. Mary but accepted the recommendation that Honiton was the most accessible site for an emergency unit.

When the further consultation was announced in 2016 I was asked to lead our opposition and Neil Parish coordinated with Paul Diviani and Hugo Swire an intense lobbying exercise to Jeremy Hunt including a Westminster debate. I worked with all varieties of political parties in many protest meetings to maintain a non-partisan united opposition.

The CCG refused to listen despite being proven wrong when stating Honiton was excluded for reasons of access (it was coupled with Sidmouth which was far less accessible.)

Finally after the closures across the eastern area were announced, our councillors were part of the protest and apart from Paul Diviani, we all united

in the enclosed letter to Sara Randall-Johnson which she chose not to circulate to the Health and Adult Care Scrutiny members. So I did.

When I spoke at the meeting for all East Devon councillors it was obvious that there was complete bias shown by the chair against our wishes and I was shocked when Paul Diviani opposed the attempt to refer the matter to Jeremy Hunt.

Throughout, with the exception of Councillor Di Viani the East Devon Conservatives including our MPs have fought these closures. Finally I have asked Neil Parish as chair of the Rural (EFRA) Select Committee to raise the issue because the Department of Health from Cumbria to Dorset and Cornwall has ignored the needs of rural communities.

Local Conservatives are furious at the CCG for bulldozing the people of East Devon and reputedly pressurising the Health and Scrutiny committee at county. All this for "marginal" financial benefit according to their own finance committee

I just ask that your newspapers will publish the letter and my comments to maintain our balanced and total objection to these closures.

COUNCILLOR MIKE ALLEN
East Devon District Council

Support the town - or go back to where you came from

■ WELL I wondered how long it would be before a load of narrow-minded, geriatric killjoys would start complaining about the open top buses.

Is it because they can't use their bus passes on them?

Seeing where they live I am not at all surprised and bet a pound to the penny they are newcomers to Seaton and are professional moaners.

The buses have been here for the past two years and have been a great tourist attraction bringing much needed money

into the town.

People are trying to bring life back into Seaton and the surrounding area and that is why I was so pleased to see a hotel being built and not more geriatric retirement flats in the town.

We have far too many retirement flats in Seaton and the majority of the occupants move in from outside the area without giving service to the town and are slowly killing it off.

All they want is for you - the younger generation - to end up

having the same miserable, dull lives they lead and not attempting to do anything for the town and help bring it back to life.

If they don't like it, they should go back to where they came from - or perhaps they can't because they've overstayed their welcome there.

Me, I am well into my late 70s, and have lived and worked here for well over 40 years. How many in those flats can say the same?

MA ROCHE
Colyton

Encourage people into town centre - don't disperse them

■ THE hypocrisy of some Seaton councillors really has to be seen to be believed.

Recently you ran a story about how Seaton Town Council wants to regenerate the town centre and increase footfall.

The monthly artisan market was set up to bring more people into the town and help traders. Those behind it were quick to point out its success at achieving these objectives. Something to be applauded.

So what do they do? Move it to Thierry Harcourt Place - out of the town centre.

They have also moved the popular town crier competition to the same venue when for years it was held in The Square and really helped footfall.

The now annual Seaton Natural Festival is also held near Tesco when it could be easily accommodated in the town itself.

Thank heavens for the Air Ambulance Week and our wonderful carnival which are organised by people who really do care about our town and do bring many people in.

Our councillors obviously cannot be trusted to do what they say. They have their own agendas and helping the town centre clearly isn't on any of them.

Shame on them for not doing what they say. People will remember this at the next elections.

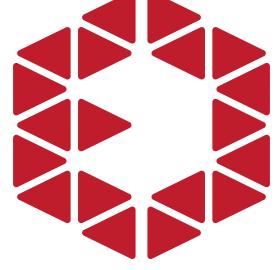
TONY WOODMAN
Seaton

How to kill our tourist industry

■ I HOPE we shall have our open-top bus next summer. We took several visitors for a trip this year. It is a delightful way to see our surroundings.

I understand the complaints have reached the national press - that's the way to kill our tourist industry! How petty - to grumble about a bus in a coach station.

RUTH AUSTIN
Seaton



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HOMES & GARDENS

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The **rising function** greatly reduces the effort needed to stand up. The chair gently raises and tilts forward to a near standing position easing the pressure placed on joints. A chair that makes it easier to stand up from can help improve mobility in the home.

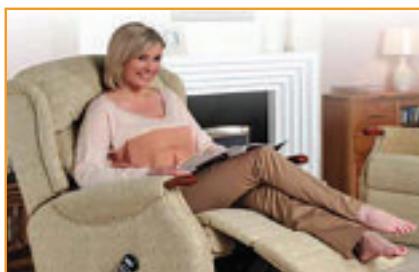
A **single motor action chair** will recline and rise to help you stand up. The easy to use handset allows you to raise the **legrest only** before the back starts to recline. This action enables the chair to be positioned approximately 8"(20cm) from a wall.

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quires approximately 20"(50cm) of clearance behind the chair to fully recline.

Our range of electric rise and recline chairs are usually smaller in size than most three piece suite type chairs. So it should not be a problem to position this type of chair in the space of your existing chair. Measure your chair before you visit our showroom so you can compare.

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3 Dreamy Settings for Blissful Bedrooms

By Gabrielle Fagan, Press Association

It's time to 'nest' as the temperature drops, and transform your bedroom - the room in the house where you can truly retreat and relax - into a cosy but stylish sanctuary. After all, this is the place where we start and finish our day. We spend a third of our lives in bed - so it deserves special attention. Whether you dream of a glamorous setting, a luxurious hotel-style bedroom, or would simply like a quick update, here's everything you need to know...

1. Glamorous sanctuary



"Creating a glamorous look is all about using rich, decadent colours and textured fabrics," says Samantha Parish, interior design manager for bespoke beds and mattress specialists, Hypnos. "Conjure a warm and inviting colour palette with champagne hues, subtle pinks, purples and plums. Combine textures such as satin, velvet and faux fur, key to creating a luxurious, romantic feel. "For a contemporary vibe, dress a bed with white bed linen and a velvet throw, and add an eclectic mix of cushions. In any style of bedroom, the bed should always take centre stage. For a more feminine interpretation, add art deco-style mirrored furniture and on-trend metallic accents, lamps and accessories." Tip: For smaller rooms, avoid heavy patterns and dark colours, as they'll look too busy, while at the other end of the scale, larger rooms shouldn't be too minimalist, as they can look cold.

2. Hotel style

"A boutique hotel-style bedroom is a hugely popular choice and this crisp, smart look appeals particularly to couples who want a style that suits both their tastes, and is neither overtly feminine nor macho," says Samantha. "Colour is key in creating a haven of rest, so look at palettes you're both drawn to. If you can't agree on which shade, opt for something pale - like a soft grey or off-white hue - that provides a neutral backdrop. "Enhance the mood and ambience with carefully considered lighting, such as task lighting for bedtime reading on either side of the bed. We offer Zip & Link beds, (£1,722 for Zip & Link mattress; £2,289 for Zip & Link mattress and bed set), ideal for couples who have different preferences. This type of bed is made up of two mattresses with different comfort levels, which can be used together or separated into two singles." Tip: Dare to go for a paler carpet, as this is normally a 'low-traffic' area and hopefully, where people don't wear shoes. Neutrals or greys will work with most schemes, and carpet is warmer underfoot.



3. Boudoir on a budget



"Autumn's the perfect time to put a stylish twist on your bedroom's design. For a simple and easy way to rejuvenate the look of your space, consider changing a headboard," suggests Samantha. "A tall, winged headboard gives a room the 'wow' factor and completely transforms its aesthetic into something sophisticated and special. Or opt for a simple metal or wooden one, if you don't want the bed to dominate. "Dress a bed with throws and cushions in a new colour scheme - deep blues, teal and indigo are in fashion. This colour could be used to paint a feature wall behind the bed, or take the shade over the walls and ceiling for a cosy, cossetting feel. "Even a basic makeover can make a difference. Focus on decluttering and tidying surfaces - too many visual distractions can make it hard to relax and sleep. Change bedside lamps or just replace drawer handles and curtain ties with more decorative items. All these can make a surprising difference to the room's atmosphere and appeal, and all for a minimal cost." Bag a bargain at Furniture Village (main image), which has an upholstered winged Tempur Holcot Ottoman Bed Frame (kingsize) for only £995. Accessorise with its Velour Cushions, £39 each, and a Cera Mustard Table Lamp, £119. Tip: If you're space-starved, consider fitted furniture, which can create up to three times more storage space than freestanding pieces, as it can be tailored to precisely fit the room.

place drawer handles and curtain ties with more decorative items. All these can make a surprising difference to the room's atmosphere and appeal, and all for a minimal cost."Bag a bargain at Furniture Village (main image), which has an upholstered winged Tempur Holcot Ottoman Bed Frame (kingsize) for only £995. Accessorise with its Velour Cushions, £39 each, and a Cera Mustard Table Lamp, £119. Tip: If you're space-starved, consider fitted furniture, which can create up to three times more storage space than freestanding pieces, as it can be tailored to precisely fit the room.

HOMES & GARDENS

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A timely example, given the present gusty conditions, is Garden Fencing, where this can be replaced or repaired, depending upon condition and the budget available. This can be either Close Board, Panel (with or without

Trellis), Post and Rail or Picket Fencing. Eden Garden Fencing and Landscaping also supply and fit Gates (see insets).

Whilst we take pride in installing robust and durable fencing products, "cost leadership" is still at the forefront of the business, whilst keeping quality and the principles of design foremost. Much of the work can be done during Autumn and Winter when the ground is less compacted and this time is also perfect for renovating the garden generally. So by Spring many garden improvements can be ready to be enjoyed.

There is now a dedicated Timber Products website, www.edengardenfencing.co.uk, giving examples of the range and quality of workmanship. Additionally, information can be obtained by calling 01297 23596 (mobile 07977 415446) or visiting the general web pages at www.a1-environmental.com

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Don't forget to check the Company's website www.westcrete-ltd.co.uk for their latest Special Offers, it also provides a useful selection of information and tips to customers from a beginners guide to laying a patio to technical advice.



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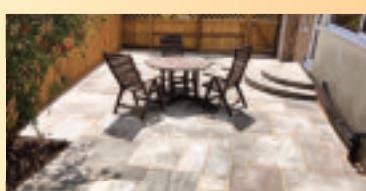
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HOMES & GARDENS

LET THESE LOCAL BUSINESSES MAKE YOUR HOUSE A HOME & YOUR GARDEN GLORIOUS THIS AUTUMN

How to Grow 3 of the Best Bushes for Berries

By Hannah Stephenson, Press Association

1. Guelder rose (Viburnum opulus)

Try this tall native quick-growing deciduous shrub with lobed leaves, reminiscent of an acer, with good autumn colour and masses of translucent red berries following white summer flowers. A particularly lovely yellow form is also available (*Viburnum opulus 'Xanthocarpum'*). Berries hang for weeks but are eventually consumed by birds. It's not fussy about soil or site and can even tolerate shade, and works as a stand-alone shrub, or in groups, or as part of a lightly pruned informal native hedge.

2. Clerodendrum trichotomum var. fargesii

This moderately fast-growing medium-to-large deciduous shrub produces sweet-smelling white summer flowers followed by the startlingly turquoise berries, encased in a red ear-like calyxes. There is even a varie-

gated cultivar: *Clerodendrum trichotomum var. fargesii 'Carnival'*. Any soil suits clerodendrum except the driest ones, but it does need at least partial sun. Suckers (shoots from the roots) often form, which can be dug up and given to gardening friends.

3. Skimmia japonica

These slow-growing evergreen medium-size shrubs are widely sold in autumn as they are particularly valuable in winter bedding and container displays. Male and female plants are separate, so a female and a male plant is required although hermaphrodites are offered. *Skimmia japonica 'Nyman's'* carries abundant red berries that last deep into winter. *Skimmia japonica 'Rubella'* is a widely sold male with bright red flower buds. Moist soils or potting composts suit them well and they prefer shade to hot places and especially relish shady patio containers.

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Colourfence - The ONLY garden fence you will ever need!

ANDY AND SHELLEY Stewart, launched Colourfence 3 years ago in South Somerset & Dorset. They have been working hard towards promoting Colourfence and this is fast becoming a well-known product across their area. Great news for the area's homeowners who have become frustrated and tired of maintaining their traditional timber fencing!

The feedback from their customers has been overwhelming and this has increased their recommendations from happy customers, who are extremely pleased with their new low maintenance fence, so they can now spend more time enjoying their gardens.

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Our fences and gates are available in a variety of heights and colours with or without trellis, our skilled installation team will make short work of transforming your garden. Starting costs are in line with comparable traditional systems but offer the ongoing peace of mind that Colourfence will continue to save you time and money year after year.

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BEFORE
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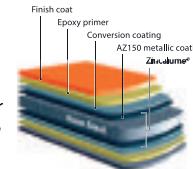
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HEALTH & WELLBEING

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Yeovil Chiropractic Chiropractic Clinic

Common back pain myths

TO MARK BackCare Awareness Week (2nd – 6th October) local British Chiropractic Association clinics have revealed the surprising myths chiropractors have heard from their patients about what causes their back pain and the best way to treat it.

Common misconceptions about back pain include thinking a slipped disc means the disc has actually 'slipped' out of the spine and that you should always rest a bad back. Hanging off a doorframe and even applying WD40 are some of the strange back pain cures chiropractors across the country have heard from their patients.

According to the BCA at least two-thirds of people in the South-West either suffer or have suffered from back or neck pain, with over a quarter suffering every day.

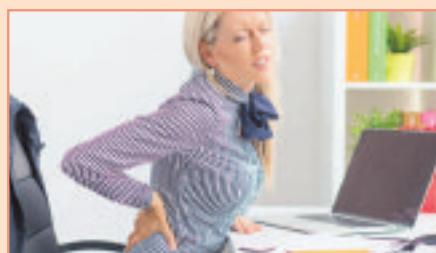
Local chiropractor, Martin Young says, Back pain is very common and if people don't know enough about what causes it or how best to treat it they could delay their recovery or do themselves more damage. Whilst odd home cures sound like funny stories, there is a really serious message here: many people think you should stop being active if you're suffering from back

pain, whereas for most people continuing moderate exercise could be beneficial."

Other myths and misconceptions revealed include using heat pads on inflamed joints; wearing back braces or neck collars; sleeping on the floor; and performing inappropriate exercises.

Dr Young continues: "There are, however, plenty of simple and safe things we can all do to help look after our back health. These are my top tips:

- Get up, stand up. Inactivity is a leading cause of back pain. If you spend most of your day sitting make sure that you take regular breaks, ideally every 20-30 minutes. Stand up to stretch, change position and walk around a little.
- Stretch it out. If you struggle to get away from your seat at work, simple activities such as stretching and shoulder shrugging and even simply fidgeting in your seat can all help to keep the joints and muscles in your back moving.
- Keep moving. Exercise is key to a healthy back, however you don't need to embark on any extreme fitness regimes. Adding just a few extra minutes of walking a day can have a huge impact on your posture.
- Straighten Up. Try incorporating some



simple exercises into your daily routine. The British Chiropractic Association has developed bit.ly/straightenupuk - a series of simple exercises designed to improve posture and help prevent back pain by promoting balance, strength and flexibility in the spine.

• Perfect your posture. Paying close attention to your posture can help you recognise back or neck pain triggers. People who want to improve their posture should try imagining they have a plumb line hanging straight from their ears to ankles - with everything in the middle sitting on the same line. One way to do this is to try standing in a relaxed way and then gently contracting the abdominal muscles.



Is Life a Pain in the Neck?

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Experience & Expertise for the Painful Body

5 OF THE BEST WELLBEING-BOOSTING TEAS FOR AUTUMN

By Abi Jackson, Press Association

Add these brews to your tea cabinet this autumn. From the ritual of sitting down for a cuppa and a chat, to taking a few minutes to hit pause and pop the kettle on, tea is one of the simplest ways to make daily life a little more wellbeing-focused. And the endless array of spice and herb infusions available offer health-protecting and mood-boosting (or calming) qualities too. Fancy brewing up with some new blends for autumn? Here are 5 of our favourites...

1. Pure Leaf Chai Tea

RRP £3.99 for tub of 16 bags (Stockists include Tesco, Morrisons, Asda and Ocado) This warming chai blend has just the right level of sweetness and spice, with cardamom, ginger and cinnamon dancing above a backdrop of rich Kenyan and Ceylon black tea. Delicious.

2. Hotel Chocolat Teanolat Energise

- Cacao Lemongrass & Ginseng, £5 for box of 10 bags (hotelchocolat.com) Before this tea even touches your tongue, the tantalising aroma of raw cacao hits. Chocolate and cacao-infused teas are a bit of a theme this year, and you can trust Hotel Chocolat to get it right - its rich, creamy, a treat for the senses. There are six varieties to choose from; this one has an energising twist.

3. Newby Black Tea & Ginger

£5.50 for box of 25 bags (newbyteas.co.uk)

Newby teas are so beautifully packaged - but they're certainly not all style and no substance. Ginger is a great choice whether you're in need of a subtle mid-afternoon pick-me-up, or want something to help gently soothe your stomach. You might just love the warm, punchy flavour and drink it for that, of course.

4. Tetley Indulgence Chocolate Mint

RRP £1.99 for box of 20 bags (Stockists include Asda and Ocado)

On paper, this black tea infused with dark chocolate and mint, sounds a little sweet and sickly - but it's utterly gorgeous and really works. A wonderful after-dinner treat if you're trying to curb pudding cravings.

5. Pukka Turmeric Gold

RRP £2.49 for box of 20 bags (Stockists include Sainsbury's and Tesco)

Billed as the 'queen of protective herbs', golden turmeric is hailed for its health-enhancing qualities, and this organic green tea-based blend has notes of lemon fruit and cardamom, making for an uplifting brew.

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Lindy Parry Podiatrist/Chiropodist

I HOLD my private chiropody clinic at Townsend House Surgery in Seaton.

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The nail cutting only service is a shorter appointment and is ideal for those that don't have any other foot care needs. Others like to alternate nail cuts with chiropody treatments as it best suits their requirements. I always aim to work with the patient to find the best treatment plan to suit each individual. Patients feet are then monitored during treatment so that changes can be made should the need arise.

Diabetic patients who attend for chiropody will also have a diabetic foot assessment carried out during their first treatment, and will then be monitored and re-assessed as necessary.

My chiropody clinics are available to anybody seeking help with their feet and Townsend House and I look forward to welcoming you.

Bookings can be made by calling 01297 22956.



Lindy Parry Podiatrist / Chiropodist

(BSc Hons Podiatry, MChS, HPC Registration number CH26100)

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Celia Guppy

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I was a teacher of, and did a Joint BA with Hons in Psychology and Sociology; had a compete change of career; became a professional singer; set up a national school of Life Coaching for Singers, recently decided to offer LIFE COACHING for other people and keep singing for myself. So now you can come to me for LIFE COACHING or.....you can book my Jazz Band!

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5 Amazing Things You Didn't Know Music Could Do For Your Mind and Wellbeing

By Rebecca Snider Martin, Press Association

FROM boosting creativity to reducing low mood, is there anything a feel-good tune can't do? Most people spend a large part of their day listening to music. The radio's an essential part of the school run, a workout would be boring without a great playlist, and you can't dance a Saturday night away in silence. Scientists have been researching the benefits of listening to music too, with some surprising results - in fact, researchers from Radboud University in the Netherlands and Sydney's University of Technology recently found listening to 'happy music' can make us more creative. The study saw 155 participants being asked to assess their current mood, before being split into five groups. One group did not listen to music, and the remaining four groups listened to music of varying 'arousal' levels. The participants then completed a range of tasks intended to test their levels of creative thinking - and those listening to 'happy music' were found to have increased creativity. But music can do a lot more than just make you more creative. Here are five other amazing things you didn't know music could do for your mind, mood and wellbeing.

1. Help you exercise

Most people would find going for a run without music boring, but they might not know they would also find it physically harder. Music has been proven to have the ability to synchronize the rhythm and movement of those exercising, distract them from fatigue, and aid with muscle memory.

The impact of music is so significant that in 2007 USA Track & Field, the national governing body for distance racing in the United States, banned the use of portable music players by athletes to "ensure safety and to prevent runners from having a competitive edge."

While this might seem extreme, Costas Karageorghis, a leading expert on the psychology of exercise based at London's Brunel University, argues music is "a type of legal performance-enhancing drug."

2. Make you smarter

The positive impact listening to music can have on somebody's ability to study are long known, and the term the 'Mozart effect' has made its way into popular usage.

The term comes from a 1993 study which purported that participants who listened to Mozart, as opposed to silence or verbal relaxation instructions, scored higher marks in spatial-reasoning tasks in an IQ test. There was no long-term impact on IQ points however - but if that's what you're after, learning to play music yourself, rather than just listening to it, might help.

Lutz Jancke, a psychologist at the University of Zurich, has said that: "Learning to play a musical instrument has definite benefits and can increase IQ by seven points, in both children and adults."

3. Jog your memories

There's a reason why music is sometimes used as a form of therapy, particularly in care homes and for people with memory problems. For instance, Alzheimer's Society offer

a service called 'Singing for the Brain', which they say 'gives challenges to the brain' and 'helps concentration' in people with memory problems.

Ming Hung Hsu, chief music therapist for the charity MHA, which provides music therapy in their 54 care homes with designated dementia care, says this therapy "does help dementia sufferers retrieve certain types of memory, like long-term memory, autobiographical memory perhaps about their wedding day or significant days in the lives. It provides stimulation so they can still get hold of some memories."

4. Make you happier

Listening to music you like causes your brain to release dopamine (which sends signals to the parts of your brain associated with reward and pleasure) and suppress cortisol (the 'stress hormone').

Dr Dan Robertson, a medical officer at Push Doctor, says: "This will work with any of your favourite songs - even sad ones will produce the desired effect." This means listening to music is directly linked to lowered stress levels and heightened levels of happiness.

5. Help manage pain

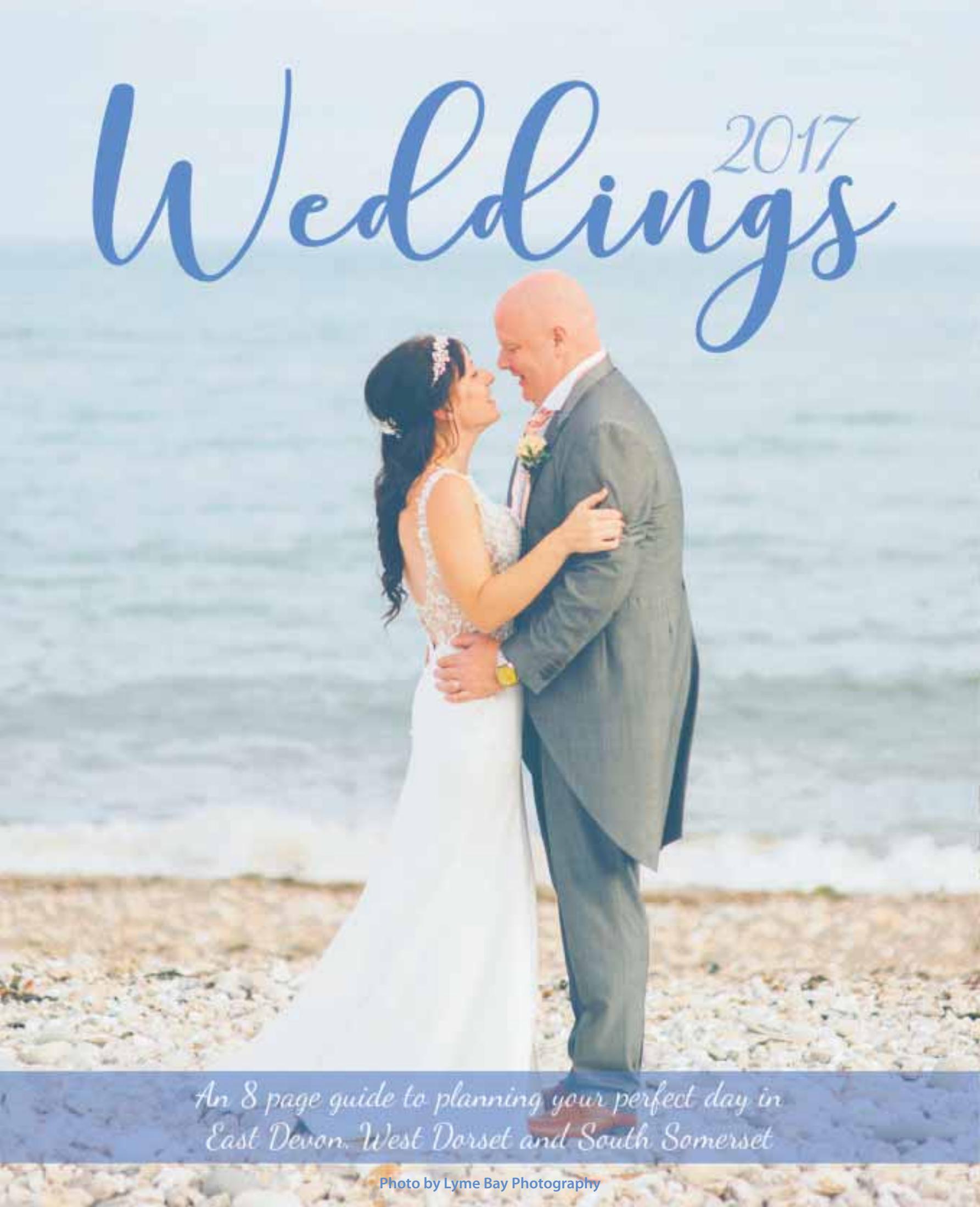
Research by Brunel University and Queen Mary University found that listening to music before, during, or after surgery leaves patients needing less pain medication than those who have not listened to music.

Dr Paul Glasziou, of Bond University in Queensland, goes so far as saying that "a drug with similar effects might generate substantial marketing."

Child and adolescent counsellor, Deborah Pearce, says: "Music is effective in pain relief as it has the ability to relax the mind and body. Recently, a client of mine was anxious and worried about having a tooth extraction. We worked together to find a suitable piece of music she could listen to beforehand."



Weddings²⁰¹⁷

A photograph of a bride and groom in wedding attire embracing on a pebble beach. The bride is wearing a white lace dress and a headband, and the groom is in a grey suit. They are standing in front of a calm sea.

An 8 page guide to planning your perfect day in
East Devon, West Dorset and South Somerset

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ANXIETY and stress can often create symptoms that in time cause illness. Anxiety is known to produce noticeable physical symptoms, such as rapid heartbeat, high blood pressure, and digestive problems. In General Anxiety Disorder (GAD) and Social Anxiety Disorder (SAD) the symptoms become so severe that normal daily functioning. Clinical Hypnosis and Cognitive behavioural therapy (CBT) are common treatments for stress and anxiety disorders and can be very effective in changing thinking and responses.

In contrast with CBT and in many ways very similar to Hypnosis Mindfulness and

mindfulness-based therapies (MBTs) seek to change the relationship between the anxious person and his or her thoughts.

In mindfulness, the person focuses on the bodily sensations that arise when anxious. Instead of avoiding or withdrawing from these feelings, the focus is on remaining present and fully experiencing the symptoms of anxiety. Instead of avoiding distressing thoughts, opening up to them in an effort to accept that they are not literally true, just ideas and imaginings often related to the past or future events but no less unreal in the present.

By remaining present in the moment aware of the breath and the body, individuals can learn that the anxiety they experience is merely a reaction to thoughts. By positively responding to threatening events instead of being reactive they can overcome an mistaken stress fight-or-flight response, and take control of their life.



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Lyme Bay Photography

I LOVE weddings. It's one of the happiest days in any persons life, and I love documenting the day in the most natural way possible. I believe that the best smiles are natural ones, and I focus on capturing as many of them as possible.

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Your wedding day is a day full of emotion and I will interfere as little as possible. I'm a very friendly, approachable person, and will only step in when I need to. Even though I focus on candid shots, I understand the traditional photographs are very important as well and I'm more than happy to do as much of that as you wish.

Once the day is over, I will edit the photos in a style most befitting of the day. Once processed, I will hand all final images to you in both colour and black and white, and they are yours to use as you wish.

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Photo by Lyme Bay Photography

Dan Roads Photography

DAN ROADS is a professional photographer based in Weymouth, Dorset, who specialises in Wedding photography and photographing events in his own unique style.

Dan was first introduced to photography by his granddad, John, the old fashioned way, during the time when developing pictures was in a dark room and digital formats didn't exist!

After always having a lust for all things photography, Dan then studied the art all through his school years and now finds himself as one of the go to names for wedding photography in Dorset.

Dan's top tip for photography and getting that once in a lifetime shot is using the highest quality and most reliable equipment; Two full frame digital cameras and a professional L-series lenses help him capture crisp sharp shots.



If you have a particular idea in mind for any occasion and you think Dan could help you achieve the highest quality pictures to accompany your special occasion, get in touch to discuss your ideas.



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Greet your guests with drinks in the Grand Hall, perform your ceremony in the Pengelly Room which boasts hand painted Italian wallpaper, use the Whatmoor Room for children's play area or TV room, and dance the night away in the newly refurbished Maurward Hall.

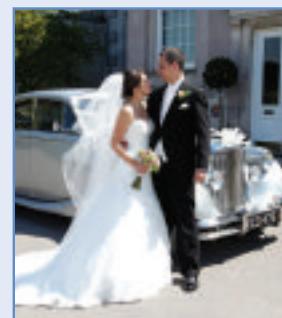
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The Grade II listed building dates back to the Stuart period, providing a traditional setting for your civil ceremony.

Built in 1887 on the site of the town lock-up, the main chamber with its curved ceiling and coat of arms was once the local court.

The main chamber can seat up to 75 guests (65 if you require use of the lift) and disabled access is provided.

Parking is available for two cars and can be booked for an extended period on the day of your ceremony, on request.

Up to two stewards will be available on the day to help ensure your day goes as smoothly as possible.

The venue will be open for the arrival of guests and the wedding party 30 minutes before the ceremony. If you wish to decorate the venue,

earlier access can be made available on request.

If you wish to enhance your ceremony, live or recorded music can be played at the venue. The stewards are on hand to play recorded music at the appropriate times in your ceremony.

Dogs are allowed in the Guildhall for your ceremony, so if you would like your four-legged friend to be a part of your special day, please let us know and we can accommodate this.

After your ceremony, why not stroll along the seafront and enjoy the rest of your special day at one of our pastel-coloured beach huts? Daily hire of the huts is available when booking a ceremony, subject to availability.

If you are thinking of holding your ceremony in the Guildhall, you are welcome to view the venue and discuss your requirements with us.

For further information contact Lyme Regis Town Council on 01297 445175 or email enquiries@lymeregistowncouncil.gov.uk



The Guildhall Lyme Regis

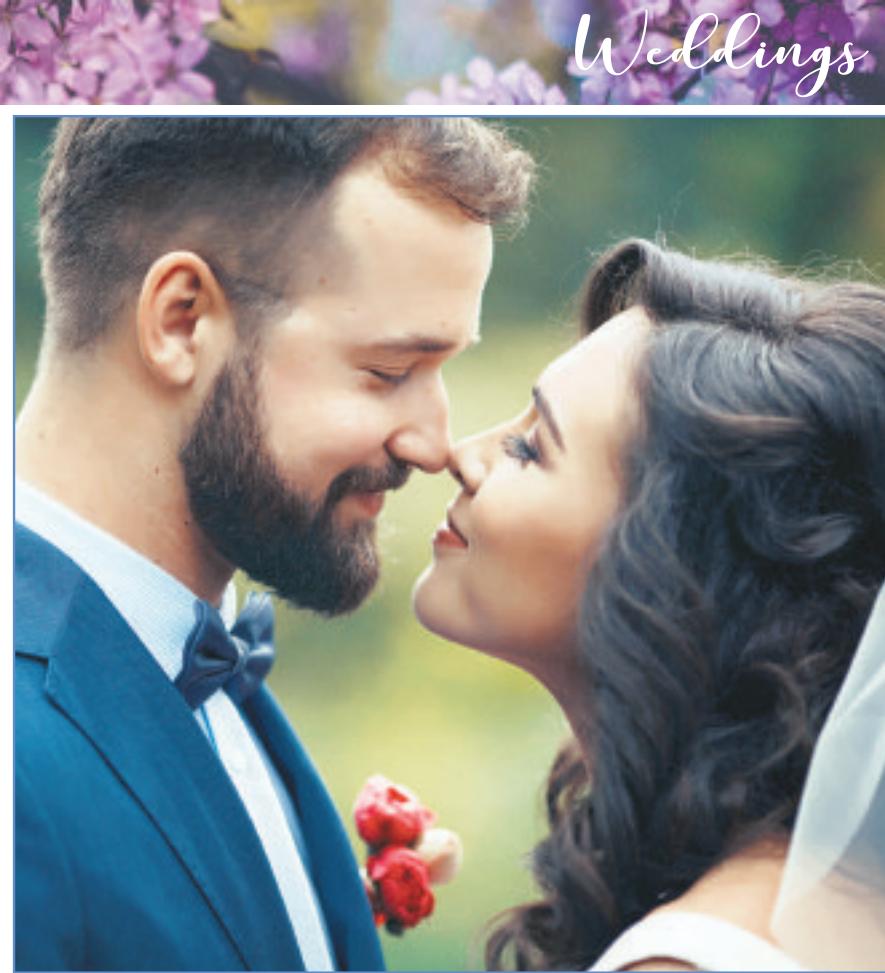
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Bridal and Dress Agency

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TA19 0DW

01460 55905
Caroline Kenshole





Photo by Lyme Bay Photography

The big 'ta-da-list!'

1. **Budget:** Budget equals scary for a lot of people. But all you need to do is think realistically and set a price you and your partner can both agree on. After this, it's all about prioritizing the things that are most important to you; the spectacular stately home, the stunning vintage wedding dress or the most delicious petits-fours! Knowing what is most important to you will really shape your day into what you both want.
- Keep your eye out for hidden charges, such as corkage fees – as this can set you back a small fortune.
- Location, location, location!**: Location is key! Having a personal interest in a venue can really make your day. If you are religious, spiritual or humanist, there is almost certainly a venue out there to suit.
- Be mindful that in the UK you can only legally marry in registered locations – but this doesn't have to go against your perfect spot! Blessings can take place on beautiful beaches, majestic woodland and trendy city spots. The world is your oyster!
- The after party:** After the ceremony, you will of course want to celebrate! Of course many ceremony venues are open to you for your whole big day, and offer many packages to suit your budget.
- Why not think outside of the box by looking for quaint villages or town halls, industrial warehouses, barns, museums or a meadow for a tipi.
- Capturing your day:** Capturing the memories of your big day is definitely worth considering. When I got married, everything went by so quickly! Being able to hold the memories in my hands and share them with my partner is so precious as we can relive it through the images.
- Check out wedding blogs, magazines and word-of-mouth recommendations for brilliant photographers and filmmakers who can suggest ideas to make your planning that little bit more fun.

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THIS family run business, established 1998, supplies high quality marquees and event equipment for weddings, parties, corporate functions and all manner of outdoor events. We cover a wide area and specialise in renting marquees in Devon, Dorset, Hampshire and Wiltshire.

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5 Pieces of Advice Every Newlywed Couple Should Know

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EVEN if you've been together for years, getting married is still a major milestone. It's the beginning of your lives together, and it may feel pretty different from dating, even if it takes a few weeks to sink in. While the cake is cut, your dress is at the cleaner, and all the guests have gone home, there are still etiquette questions to be answered. We turned to our experts to answer some of the big newlywed issues you'll face during that first year.

We just had our first big fight. Now what?

At some point after you tie the knot, you will have your first fight. It's bound to happen, and it will probably feel monumental. You're married, so it's easy to think that a fight matters more than it ever did before. And in a sense, it does. Not the fight itself, per se, but the way the two of you address it. Treat this first fight as practice, and start learning how the two of you can fight better. Instead of making accusations, share some of the responsibility. Do your best to have a conversation instead of yelling back and forth. And if you need a break to think, say so! Acknowledging that you've got to step away for a minute is much more productive than completely shutting down mid-conversation. If the fights start to feel more like spinning your wheels than making progress, consider a session or two with a couple's counselor, who can help the two of you get your communication skills on track.

How often is too often for my in-laws to visit?

You may all be family now, but getting married is not an open invitation for either of your in-laws to drop in whenever they want. First, have a conversation with your spouse about how often you'd each like to spend time with your families. Discuss whether they'll visit you, you'll visit them, or everyone will meet somewhere for a mini-reunion. Look at your calendars,



and agree when you'd be open to having visitors. If you need to, set some boundaries. Do you need to know about the visits a certain amount of time in advance? Would mid-week or a weekend be a better time for you? Do you even have space to host them in your home? Then have the conversation with your own parents. Approach it positively (focusing on when they can visit, for example, instead of when they can't) to make sure they feel invited and welcome instead of like they're being told to stay away.

Is it okay for us to socialize with our friends separately?

Yes! Being married is often described as having your best friend around all the time, but that doesn't mean you've got to spend every waking moment with your spouse. In fact, it's healthy for

you to spend a little time with your other friends without your spouse. So schedule that girls' night, head to the movies, or just meet for coffee on the weekend to chat. By keeping up with your hobbies and friendships, you're actually strengthening your relationship and allowing each of you to bring new things to the table. You have to make sure to leave time in your marriage for self-care, after all! And when that work event or social outing comes up that you'd really love to bring your spouse to, just ask!

People are asking when we'll have kids. Help!

If you made it all the way through your wedding without being asked about when you'd have kids, congratulations! You've fared far better than many other couples. But whether you've got your heart set on a home full of little ones or

know they're not part of your future, the questions can often be unwelcome. Before you tell anyone to mind their own business, take a deep breath, then politely change the subject. A response as simple as: "We'd rather discuss this between the two of us, but we'll let you know if there's any news to share!" is plenty, as is "I understand your excitement, but it's not something I'm comfortable discussing outside of my marriage." Don't want kids at all? Be firm. Instead of saying you're not sure, make it clear that kids aren't in the cards. Have the conversation with your spouse about what you will say to people so you are both on the same page.

The holidays are approaching. How should we divide the time?

This can be a major stressor for newlyweds. You've spent your lives spending holidays with your families, but all of a sudden you have a new family of your own - and someone else's family to consider, too. Not sure where to start? Ask your parents! Find out how they divided the time when they first got married, and see if they have any disaster stories to share. (Hint: Trying to go to two or three Christmas dinners is never the answer!) Chances are they'll have some insight into dividing the time, both as newlyweds and as couples who have been married for years and still have in-laws. This will also remind them that you're in a tight spot, and may encourage them to get creative with ways to make sure everyone gets a little bit of your time.



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SEPTEMBER 17 - 23

WEST'S TOP
LOCAL SPORTS
PAPER HAS A
NEW LOOK



Where's
justice
for us?

An old soldier from the West Country threw his medals at the Houses of Parliament yesterday in a protest against what he calls "a travesty of justice". Dennis Hutchings, 86, from Cornwall, marched on Parliament with hundreds of protesters and demanded an end to what they call a witch-hunt. Mr Hutchings faces prosecution over the death of John Pat Cunningham during the Northern Ireland Troubles in 1974.

PICTURE: Garth Fuller / PA Wire

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National Home Security Month

October 2017

Wherever you call home... protect it this National Home Security Month



NATIONAL HOME SECURITY MONTH IS JUST AROUND THE CORNER!

YALE is proud to be headline sponsor of National Home Security Month (NHSM) for its fifth year this October. Highlighting the importance of home security, National Home Security Month (NHSM) is back to beat the burglars with even more top tips and advice for keeping your home, family and belongings safe and secure.

The initiative aims to raise awareness of the importance of home security and urge Brits to think about how they protect their properties. This is because despite home security providing protection and peace of mind, in the UK it is estimated that a quarter of Brits still have no home security measures in place at all!

Security products such as alarms and new door locks are often treated as a reactive purchase after an incident has happened, as opposed to proactively preventing a burglary in the first place. That's why October 2nd marks the start of National Home Security Month 2017, which will be trying to change this perspective and to keep Britain's homes secure.

The initiative will highlight a different element of home security each week, with the first week introducing NHSM and providing simple tips and advice on how to protect your home and belongings over the winter.

The second week delves into total home security, exploring traditional security solutions for protecting the entry points

to your home and any valuables within it. The third week looks at the growing smart security industry, and provides insight into how connected devices can keep you and your home secure at the touch of a button, with added peace of mind thanks to remote access.

Week four raises awareness surrounding the darker nights to coincide with the clocks going back, encouraging you to make sure the exterior of your home and any outbuildings are fully protected. Then finally, week five provides seasonal advice to coincide with the increase in thefts and domestic damage around Halloween and Bonfire Night.

Throughout October, NHSM will be supplying daily security tips on social media. To access these, simply search for Home Security Month on Facebook and Twitter. For more information about the campaign and how you can get involved, please visit

www.homesecuritymonth.com.



Which smart lock is right for me?

WHATEVER type of door you have, there's a smart lock to fit your home. Use the simple guide below to see which locks right for you.

PVCu?

PVCu doors are the most common form of replacement doors and feature a multipoint lock running the length of the door. A multipoint lock often locks in three places and features rollers to ensure a tight, weather-proof seal, making for a highly efficient and more secure locking solution. PVCu doors are often made of a white plastic resin, but are available in other finishes.

Composite?

Composite doors also feature a multipoint lock, and are often finished in a woodgrain effect, to give them a more natural timber look.

Timber?

A traditional timber door usually features a nightlatch, which has a single locking point that is often round-edged and spring loaded. Timber doors can be fabricated from softwood or hardwood, and can include glazed panels and a moulded fascia. Finished in either a natural glaze or a coloured paint, a timber door can be easily identified by the distinctive sound of knocking on wood.

Arm and disarm your home security system from anywhere

THE new Smart Home Alarm range puts users firmly in control, allowing you to arm and disarm your system from anywhere via your Smartphone.

App controlled

When asked what security products Brits expect to see in a smart home, 67 per cent of respondents wanted clever alarms that can be remotely controlled via a mobile app from anywhere in the world. Yale's new Smart Home Alarm range does just that, using the Yale Home app.

To create a full smart home security system, Yale Smart Home Alarms can be extended to include additional accessories, including a Power Switch to turn home appliances on or off

remotely (i.e a lamp or radio), PIR Image Camera to view images of the inside your home, and even add a Yale Smart Lock to your front door, controlling them all from your Yale Home app.



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VIEW 2

And Finally... at the Octagon



'AND FINALLY...' Phil Collins' pay tribute to singing legend as they celebrate 10 years of performing.

The band established as the UK's Number One Tribute to Phil Collins, are set to commemorate a decade of performing with their '10th Anniversary Tour' at the Octagon Theatre in Yeovil.

The two-time winners at The National Tribute Awards as the best in their field, And Finally... Phil Collins boasts a two-drummer line up which is an integral part of the act with stunning vocals, vibrant choreography and a huge variety

of songs'. The band recreate all the classic hits from the Grammy award-winner's solo career and his work in the rock band Genesis.

The 10-strong band were praised by Phil Collins himself, saying "this is great stuff" after a DVD of their latest work was sent to him, keeping the disc he sent the message "good luck" on the insert sleeve.

And Finally... Phil Collins have just returned from their first French tour, one of the venues being the notable La Cigale in Paris where Adele, Eric Clapton, Muse, Slash, Prince, Miles Davis,

David Bowie and Led Zeppelin have all played.

In 2017, they present a brand new show, which is even closer to an original Phil Collins production. Each member performs with passion and dedication, an infectious quality which will provide a guaranteed evening of dynamic entertainment when And Finally... Phil Collins return to the Octagon Theatre in Yeovil on Thursday, October 5th.

Tickets are £20.50, available by calling 01935 422884 or online at the website www.octagon-theatre.co.uk



■ Jonathan at the organ of St Bartholomew's Church, Crewkerne.

Delbridge Concert on Crewkerne's King of Instruments

St Bartholomew's Church, Crewkerne will be the venue for an exciting concert programme given by organist Jonathan Delbridge on Sunday, October 8th at 3pm.

It was Mozart who first described the pipe organ as the "King of Instruments". The organ at St Bartholomew's was built by Rothwell and is widely regarded as one of the finest in the area. Jonathan's programme will show off the diverse and varied colours available from the instrument by including the famous Dambusters March, Widor's Toccata from Symphony no. 5 as well as pieces by Mendelssohn, J S Bach and even some Fats Waller!

Jonathan is based in Crewkerne where he runs a piano teaching business called JD Music Services. He is the organist at St Michaels and All Angels in Yeovil and also directs the South Somerset Community Choir and Ilminster Belles. He performs at venues throughout the UK including the Royal Albert Hall, York Minster and Hall for Cornwall.

Tickets for the concert are £8 in advance from Crewkerne Town Hall. Tickets on the door will be £10 and there is free admission for those aged 18 and under. The price includes canapés and a bar will also be available.

Last Night of the Proms at the Institute

OTTERY Silver Band's Last Night of the Proms concert which is being performed at The Institute in Ottery St Mary, takes place on Saturday, October 7th, starting at 7.30pm.

Musical Director Andrew Harris has carefully chosen an exciting programme of music which will both reflect the traditions of Last Night of the Proms and provide a memorable evening for the audience.

Favourites being performed by the Silver Band include the ever-popular 'Dam Busters March' and, to commemorate the 40th anniversary of Elvis Presley's death, 'An American Trilogy'. 'Basin Street Blues' will feature the trombone section while 'Tyrolean Tubas' will be a rare occasion for the tubas to take centre-stage. James Bond fans will recognise the theme tune to 'Skyfall' whereas ice-dance fans may recall Torvill and Dean's 1982 gold medal routine performed to 'Overture to Mack and Mabel'.

At the band's 2015 Proms concert, a special guest singer led the singing. This year, once again, Val Howells will be joining the band and, as well as performing some songs on her own, she will be leading the audience in the singing of the rousing finale. Everyone will be encouraged to join in with singing and flag waving to Sir Henry Wood's 'Fantasia on British Sea Songs' (including 'Rule Britannia'), Edward Elgar's 'Land of Hope and Glory' and, of course, Sir Hubert Parry's 'Jerusalem'. Flags will be provided - free!

Tickets are £6.00 for adults and free for under 16s and can be bought in advance from Gilbert Stephens Ottery branch, from Seasons Tea Room in Ottery or from Ross on 01404 813222. Any unsold tickets will also be available on the door. However, in past years, tickets for this event have sold out so please don't leave it too late to buy yours.



■ At the 2015 Proms Britannia performance

Let there be light!

THE 303 ARTISTS' group returns to Ilminster Arts Centre this October to 'trip the light fantastic' in a vibrant and eclectic show of new work themed around 'light'.

The exhibition will include pieces by current members Cath Bloomfield, Brian Dix, Ann Fagan, Beryl Fraenkel, Judy Hall, Swan Lennard Payne, Sandra Meech, Pauline Pearce, Myrtle Pizsey, Vera Sheaf, Jean Stevens Carmen Veliz, Duncan Cameron and Sally Rideout.

As the artists work in different mediums, this show promises to offer fascinating contrasts in approach and style - both figurative and abstract - as they

explore light using paint, print, collage, stitch and artists' books.

The exhibition is a return to the birth place of the group, which was set up in Ilminster in 1965 by professional artists living and working near the A303.

There will be a special Meet the Artists event on Sunday, October 22nd from 3pm-5pm. All welcome - this is a wonderful opportunity to talk to the artists, find out about their inspiration, techniques and ideas, and of course, enjoy their work.

Admission is free. Exhibition runs October 2nd-28th, open 9.30am-4.30pm Mondays, and 9.30am-2.30pm Saturdays.

Rising folk star Jemima Farey to play Ilminster charity concert

THE Minster Church in Ilminster will host a charity concert Saturday, October 21st, featuring a selection of the areas top talents.

The concert is held in aid of Children's Hospice South West, and will feature recorded singer-songwriter and Stogumber Festival prize winner, Jemima Farey. Jemima's prize was being the support artist for Steve Knightley at the festival. Ange Hardy has said of her singing: "One to watch out for on the folk scene! With a voice like that, you scare me!". Others have said... "Unique and truly amazing". Supporting the concert will be the Zembard Singers directed by Trevor Lloyd-Jones. They will sing a wide variety of songs from sacred

works to well known classics by Bacharach and David, Richard Carpenter amongst others.

Also supporting the concert will be the Minster Voices directed by David Sutcliffe. Their repertoire will include traditional and contemporary songs from Rodgers and Hart, Trenet and others. Guest artists will also support the evening. Interval refreshments will be available for donations. There will be a special raffle with top quality prizes.

All proceeds go to Children's Hospice South West. Tickets are £10 (no concessions) available on the door. The concert starts at 7pm, and will run until 10pm. For more details call 01460 62075.



Jemima Farey

Looking at the Bible

OUR five talks in October have to do with the origin of the Bible, its purpose, its prophecies, and its value in the world of today.

It has been said of the Bible that it is the world's best-selling book and the least read. It claims to be the word of God but the only way that can be proved is through acquaintance with it – rather like getting to know a friend. Nor does it take long to discover the Bible is unique. It is evident that, although men wrote the words down they worked under the direct inspiration of God.

In the first century AD the Apostle Paul, appealing to worshippers of the Greek god Zeus (their god of thunder) talks of the God of the Bible as "a living God who made the heaven and the earth and the sea and all that is in them". (Acts 14:15) And writing to his friend Timothy he says, "All scripture is breathed out by God" (2 Tim 3:16)

The Bible

Still the book for today

The Bible's assurance

"Ask and it will be given to you; seek and you will find; knock and it will be opened to you" (Luke 11:9)

Theme for Sunday public talks in October 2017, God willing

If the Bible is the word of God then...

01 October	Who wrote it, and why?
08	What's in the Old Testament?
15	What's in the New Testament?
22	Prophecies yet to be fulfilled
29	What's in it for you?

30 minute Bible-based talks

Commencing at 5 pm

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The Eskies bring new album tour to Taunton



The Eskies

'AND Don't Spare The Horses' is a dynamic journey through the ever-expanding world of The Eskies.

Melodramatic tales of woe, betrayal, conflict, upheaval, rebellion, love, loss, fear and anger all wrapped in tongue-in-cheek irreverence and self-deprecation occasionally giving way to a flurry of triumphalism or whisper of introspection.

This is the bands second album after their critically acclaimed 2015 release 'After The Sherry Went Round' and leaps from genres as vast and varied as Folk, Klezmar and Yiddish to Rock, Swing and Blues and much in between.

The elapsing two years since their maiden voyage into the world of long playing records have seen The Eskies tour in ten different countries, playing mainstage slots at both Glastonbury (Field Of Avalon) and Cambridge Folk Festival, appearing on RTE's Saturday Night Show, BBC Radio 4's 'Loose Ends' with Clive Anderson and BBC Radio 3's 'Essential Classics'.

Renowned for their raucous live shows and fiercely passionate support; The Eskies took to the Orphan Studios, Dublin in early 2017, under the watchful gaze of 'Captain' Gavin Glass to document the last year and a half of their musical meanderings.

The challenge, it would seem, would be to capture the infamous energy of their live shows (and they have certainly done that much) but perhaps what those of you who are familiar with The Eskies music may not have anticipated is the band taking time to showcase the range of dynamics they have at their disposal.

Whereas 2015's 'After The Sherry Went Round' garnered praise for having "enough inherent energy to charge a power plant" (The Irish Times); 'And Don't Spare The Horses' also showcases new dimensions to the bands sound while still further demonstrating their penchant for all things dance-worthy.

'Building Up Walls' begins with a low drawl, close and quiet, before erupting into an

anthemic refrain. The quiet tension of the beginning giving way to the bitter-sweet, triumphant climax.

'Hail, Hail' is a Poe-esque lament for a long lost love set against the backdrop of a sea-soaked spaghetti western soundscape of sorts.

'Death To The Sentry' is probably the purest folk song on the album, complete with haunting four part harmonies and channels Siegfried Sassoon and Wilfred Owen in a tale of the horrors of war, dread and the longing for home.

Contrast all of this with the breakneck speed of 'Napoleon', the fist pumping chorus that explodes out of the menacing groove in 'I'm Not Sorry', and the Mardi Gras feel of 'Shame' and the exuberance of the album's opening track 'All Good Men' (which sounds something like Louis Prima having an existential crisis) and you've got a truly vast and varied record in The Eskies second offering."

The Eskies play at the Winchester Arms, Taunton on Sunday, October 8th.

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Diary Dates

TUESDAY SEPTEMBER 26TH

COLYFORD: Bingo - Cash Prizes. In aid of Seaton Friends Hospiscare@Home. Doors open 7pm - Eyes Down 7.45pm. Colyford Memorial Hall. Ample free parking.

SEATON: Cooking For One Demo with HALFF (Health and Local Food for Families). 11-12.30pm. Free healthy cooking demonstrations giving hints and ideas for cooking for one and covering nutritional advice for type 2 diabetes, heart disease, high blood pressure and modified diets (eg puree/fork mashable). At The Marshlands Centre, Harbour Road, Seaton, EX12 2LT. No need to book, just turn up, it's free. Call Nikki on 01297 631782 for more information, or email nikki@halff.org.uk.

CREWKERNE: Computer Drop-in at Henhayes Centre - Questions answered and help provided. 10am to 12 noon, £2/£3.

CREWKERNE: Henhayes Knitters. Come and enjoy a knit and natter afternoon and make items for yourself or for sale at the Centre. 2 - 4pm.

CREWKERNE: Tuesday Welcome Group at Henhayes Centre, £2.50 incl coffee per session. For people 50+ who like to meet other people and enjoy a few activities like painting, pottery, music, quizzes and occasional bingo. Transport can be arranged (£3.00) and members usually stay for a cooked lunch priced at £6.50 including tea or coffee. Please call 01460 74340 for further details.

HONITON: Hospiscare Coffee Morning at the Mackernack Hall, 9am-12noon. Various stalls and homemade cakes and jams for sale.

SEATON: Body Moves with Age UK Devon. Exercises for the over 50s at the Methodist Church. 11.45 - 12.45. All welcome. Just come along or Contact 0333 241 2340 or email info@ageukdevon.co.uk

WEDNESDAY SEPTEMBER 27TH

COLYFORD: The Whole Hog. Demonstration with Clinton Bonner from award winning Butchers Bonners of Ilminster. How to cut and joint a pig, a fun and informative evening with the promise of a pork and apple burger as well of lots of interesting pork facts and cooking advice. 7.30 - 9.00pm. Frogmary Green Farm. 01460 249758. www.frogmarygreenfarm.co.uk

COLYTON: Colyton Parish History Society Evening talk given by Bruce Upton of Bridport Museum on 'The Power of Advertising' - a look back at how things used to be! Join us for an entertaining evening, 7.30pm at Colyton Town Hall. Non-Members £2, to include refreshments.

UPLYME: Uplyme and Lyme Regis Horticultural Society talk at the village hall, 7.30pm. Leila Jackson of T3 Plants will talk about Salviias. Tea, coffee and biscuits available before and after the talk. Free for members, visitors £3.

AXMINSTER: Chair Yoga-size. Bradshaw Room, Thomas Whitty House, Silver Street (next to Heritage Centre) 10.30am-11.30am. For more details call 07976 312541.

CREWKERNE: Bingo at the Henhayes Centre - 'eyes down' at 2pm. £5.30 (£4.80 for members) for 6 books of 12 games, cash prizes. Bar open, refreshments available, raffle.

SEATON: Yoga with a Chair 1.30 to 2.30 at the Gateway, Fore St. Yoga for EVERYbody £5. All welcome. Just turn up! For more details call 01297 20326 or email waite@relaxatseatone.co.uk.

THURSDAY SEPTEMBER 28TH

AXMINSTER: Music at the Minster: Lunchtime concert. Colyton Grammar School - GCSE musicians. At the Minster, 12.30pm. Lunch at 1.05pm. For more details call 01297 32927. Donations towards the upkeep of the church.

COLYTON: Historical Walking Tours of Colyton. Every Thursday until September 28th at 2pm. Meet at the Dolphin Street Car park. Booking not necessary. £3 for adults, under 16s Free. To arrange a walk for a larger group please phone 01297 552514

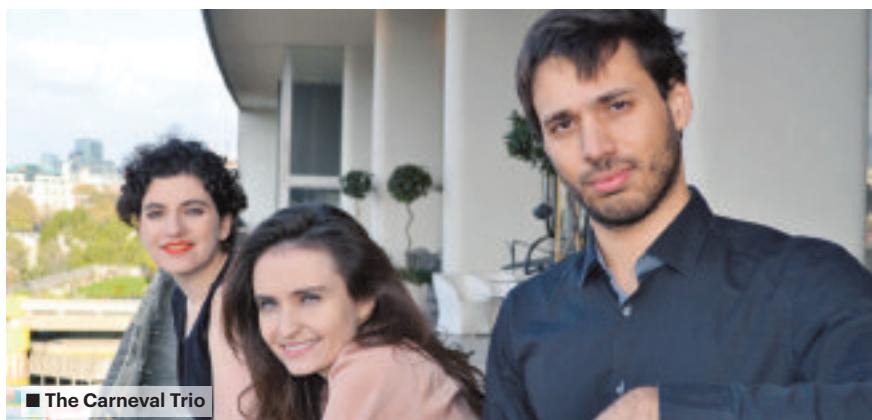
CREWKERNE: English Folk Dance. St Bartholomew's Church Hall, Abbey Street, 8-10pm Every Thursday. £3.50. First visit free. For more details call 01460 77320 or 01460 75760.

CHARD: Chard Camera Club members will be meeting up in the Baptist Church Hall, Hollyrood Street to hold a selection evening in order to select their images to be entered into the Kingswood Salver Competition.

ILMINSTER: Ilminster Thursday Group weekly talks at the Warehouse Theatre TA19 9AD Joan the Fair Maid of Kent 9.15 for 10.15 Further details 01460 259596

CREWKERNE: Over 50s Keep Fit at Henhayes Centre. 10-11am. £3.50 (members £2.50)

Come along to the Carneval Trio concert



CONCERTS in the West's forthcoming October series, for concerts in Devon, Dorset and Somerset, will feature three stylish and highly accomplished string musicians, violinist Kamila Bydlowska, Shiry Rashkovsky, viola and Timothee Botbol, cello, who will perform together as Carneval String Trio - an unusually diverse selection of music.

When musicians of this calibre combine their talents - Bydlowska, Rashkovsky and Botbol are all renowned soloists and orchestral/chamber performers - audiences can expect some pretty remarkable music making. A good trio will keep perfect time, blending together seamlessly in perfect unity while making subtle adjustments spontaneously as they interpret and shape the pieces they play.

Polish violinist Kamila Bydlowska graduated from the Royal College of Music with an Artist Diploma in Performance, having previously studied at Indiana University Jacobs School of Music in Bloomington, USA with Mauricio Fuks and Kevork Mardirossian, where she was awarded a full scholarship.

Her solo and a chamber performances include: the Walt Disney Hall in Los Angeles, the Elgar Room at the Royal Albert Hall, St. James's Piccadilly, the National Gallery, St Martin-in-the-Fields, Queen Elizabeth Hall at the Southbank Center, Victoria & Albert Museum in London, National Scottish Gallery in Edinburgh, and Grand Hall of the Tbilisi State Conservatory. As a soloist she recently appeared with the Angel Orchestra, Chamber Academy Orchestra, Croydon Symphony Orchestra, Ealing Symphony Orchestra, Guilford Symphony Orchestra, North London Sinfonia and Worthing Symphony Orchestra.

Shiry Rashkovsky, who was recently lauded by The Strad for her 'beguiling...thrilling and exuberant' Royal Festival Hall debut, pursues an international solo, chamber, teaching and orchestral career. A versatile musician, her performances have taken her across the globe to such venues as the Tel Aviv Opera House and Geneva Victoria Hall, includ-

ing engagements for HRH Prince Charles and the Emperor and Empress of Japan.

After obtaining a BA in Social and Political Sciences from St Catharine's College, Cambridge, Shiry went on to complete a Masters with First Class Honours and Artist Diploma at the Royal College of Music. Much in demand as a soloist and recitalist, Shiry is a prize-winner of the Martin Musical Scholarship Fund, Cecil Aronowitz Viola Prize, Philharmonia Orchestra Meyer Award, and the Countess of Munster Musical Trust Recital Scheme. She has performed with the New Music Ensemble, Kallion Ensemble, Outcry Ensemble, Cambridge University Symphony Orchestra CUMS, Royal Holloway Symphony Orchestra and the Barnet Symphony Orchestra. Shiry has also broadcast live for BBC Radio 3 and BBC 4.

Swiss cellist Timothee Botbol began his musical education in Geneva at the prestigious Jaques Dalcroze Institute and later progressed to the Geneva Conservatoire and the Haute Ecole de Musique de Lausanne where he received his Master of Performance with distinction. Timothee is currently studying on the Artist Diploma course at the Royal College of Music, London with Alexander Chaushian.

Timothee has performed extensively as a soloist and is a keen orchestral musician, recently performing with the Geneva Conservatoire String Orchestra as guest soloist on tour in Italy and giving recitals in venues including Kings Place, Chapel Royal - Hampton Court Palace, Charlton House and Lausanne Steinway Hall. In February 2017 he was awarded the Grand Prize Special from all categories at the II Augustin Aponte International Music Competition, Tenerife.

Concerts in the West's founder and director, Catherine Maddocks, said: "We welcome back the passionate polish violinist Kamila Bydlowska who played for us in 2015 with the Skazki Piano Trio. She is joined by award winning Shiry Rashkovsky and Timothee Botbol for an interesting and eclectic programme. I am confident that our audiences will enjoy some dazzling interpretations of the pieces they have chosen to play."

The Carneval String Trio perform at Ilminster Arts Centre at the Meeting House on Friday, October 6th at 8pm. Tickets are £15. For more details call 01460 55783

The Trio play at The Dance House, North Street, Crewkerne on Saturday, October 7th at 7.30pm. Tickets are £15. Concessions for students and children. For advance bookings please email concertsinthewest@gmail.com or you can text 07776 995789 or book at Eventbrite www.eventbrite.co.uk or you can buy on the night from 6.45pm, but it is worth checking ticket availability beforehand. Tickets can also be purchased at the Local Information Centre in the Town Hall. Interval drinks. Town parking and car parks. Doors open at 6.45pm

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If you, a friend or a loved one is suffering from memory loss or has been diagnosed with early dementia we offer an afternoon of friendship and support for you and your care.

Our volunteers are available to carers for a quiet chat and can provide information, leaflets and signposting advice. We also aim to have regular visits from health professionals.

Why not come along to share opportunities with others to reminisce and enjoy some music, talks and quizzes, or just come along for a cup of tea and some cake!

We welcome friends from all the surrounding villages. Some parking is available plus a large drop off point
For more information, ring Sue on 01297 599477

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Diary Dates

CREWKERNE: Physio Fit at Henhayes Centre - 10.30 am to 11.45 am. £2 for members, £3 for non-members.

CREWKERNE: Short Mat Bowls at Henhayes Centre. 2 - 4.30pm. New members welcome, come and give it a try.

SEATON: Greg's Music Makers. St. Gregory's Church Centre, Colyford Road, Seaton. From 10am to 11am. Music and Songs and Dance. Toys and games. Refreshments and Friendship. Donations of £1 per family invited For more info, please contact Sharon : 01297 625875. www.coastalchurch.org

FRIDAY SEPTEMBER 29TH

CREWKERNE: Sequence Dancing at the Victoria Hall, 1.45-4pm. Tea and biscuits, raffle. £2 per person. For more details call 01935 415520 or 862866.

HAWKCHURCH: Macmillan Coffee Morning at the village hall, 10am-12noon. Teas, coffee, cakes, raffle, various stalls.

CREWKERNE: Concert with the Farey Family - Country/Folk music with wonderful harmonies. Tickets £10, with pre-concert supper £18. Ring Henhayes Centre for tickets. 01460 74340

COLYTON: Film: 'Their Finest' at the Reece Strawbridge Youth Centre (lower hall), 7pm for 7.30pm. Admission £5 at the door. Raffle and light refreshments. Disabled access from lower car park. For more details call 01297 552110.

AXMINSTER: Spiritual Awareness Classes at Axminster Health and Wellbeing Centre. Beginners or advanced. Topics include energy fields, angel cards, and clairvoyance. 6.45-8pm. £3 per class, just turn up. For more details call 01460 221522.

SEATON: Supper and Organ Recital. St. Gregory's Church Centre and Church. Supper at 6pm - Church Centre. Organ Recital at 7pm - Church. Two course supper and coffee/tea - Gluten free and vegetarian option. Tickets : £10 each from Church centre : 01297 23656 For further info, please contact Sharon : 01297 625875. www.coastalchurch.org

SATURDAY SEPTEMBER 30TH

AXMINSTER: Seichim Reiki Healing & Workshop. 10.30am-5pm. £45. To secure your place a £10.00 deposit is required. Limited places so please book early. Please bring a packed lunch - All beverages are included. Please contact Maggi Marciiniak on 01297 32095 or 07951402717

SEATON: Seaton and Axmouth branch of Cancer Research UK Jumble Sale at Gateway, Seaton Town Hall. Doors 10am, admission 30p, children under 14 free. Books, bric-a-brac, jewellery, clothing, cards, coffee, and cakes and raffle.

CREWKERNE: Breakfast/Brunch at Henhayes Centre. 10am - 12noon (last order 11.30am). Basic breakfast £4 extras 50p each. No booking required.

MERRIOT: New to You Sale at All Saints' Church, 10am-11.30am. In the Tithe Barn, Church Street. Clothes, books, toys, bric-a-brac, and other stalls. Tea and coffee available. In aid of Church funds.

ILMINSTER: 'Pink' tombola outside Tesco, from 9.30am. In aid of Breast Cancer Care.

SUNDAY OCTOBER 1ST

SOUTH PETHERTON: Artisan Soft Cheese Making. This course will give you the skills to make lovely soft cheese in your kitchen at home. 9.45am - 2.30pm. Frogmary Green Farm. 01460 249758. www.frogmarygreenfarm.co.uk

COLYFORD: Indoor Boot Sale at Colyford Memorial Hall. 9a-2pm. Tables £5. For more details call 01297 23591, or call 07891 486839

MONDAY OCTOBER 2ND

MISTERTON: Bingo at the village hall. Doors 6.30pm, eyes down 7.30pm.

SOUTH PETHERTON: Autumn Preserving with Vivien Lloyd. Learn the best practices for preserving Autumn fruits and vegetables for the year ahead. 9.45am - 4.00pm. Frogmary Green Farm. 01460 249758. www.frogmarygreenfarm.co.uk

AXMINSTER: Chair Yoga-size. Bradshaw Room, Thomas Whitty House, Silver Street (next to Heritage Centre) 10.30am-11.30am. For more details call 07976 312541.

CREWKERNE: Physio Fit at Henhayes Centre - 9.40 to 10.40am and 10.45 am to 11.45 am. £2 for members/ £3 for non-members. Transport available for second session, ring Centre to book.

More Diary Dates on page 44

Deadline is Friday 4pm for the following Tuesday's publication. Please ensure dates are included for all listings - weekly listings without dates may not be published.

A top tribute to the King of Pop



JACKSON LIVE IN CONCERT has to be the most accurate and exciting tribute to the King of Pop to have ever toured UK theatres. Presented by Sweeney Entertainments, this concert show is in its eighth year of touring and sees long-time fan and hugely talented Ben recreate the Michael Jackson experience with his stunning rendition of all his favourite songs.

Musical legend Michael Jackson will always be remembered as one of the most influential artists of all time. With a career spanning nearly five decades, he remained at the forefront of music and will continue to inspire countless people across the world for generations to come.

Ben's portrayal of Jackson perfectly captures the King of Pop at the height of his powers with his memorising, energetic and dynamic performance. Ben's charisma and professionalism really shines through as he sings live throughout the show and performs full signature Michael Jackson dance routines.

Ben is joined on the stage by his incredible band and dancers who work their way through all the hits. He's got the look, the moonwalk and the voice! His renditions of Thriller, Beat it and Billie Jean are truly sensational.

Sweeney Entertainments, co-founded by Julie and Peter Sweeney, has been providing a wide repertoire of top quality touring shows for theatre and corporate events for over fifteen years both in the UK and internationally. 2017 has been the company's strongest year to date with more shows touring than ever before. Julie said: 'Jackson Live is a nostalgic concert show, headlined by the extremely talented Ben who faithfully recreates the full Michael Jackson experience in each and every performance. Michael's songs are still known and loved across the world and this evening showcases his fantastic talent, fully enhanced with our live band and professional dancers.'

Jackson Live in Concert features all-live vocals, superb musicians and dancers, fabulous costumes, and of course all the signature dance moves associated so fondly with the undisputed King of Pop. Packed with authentic touches and flair, Jackson Live in Concert authentically captures the essence and magic of Michael Jackson live on stage.

Jackson Live in Concert comes to the Octagon Theatre, Yeovil on Sunday, October 22nd at 7.30pm. Tickets are £20, concessions £18.50. For more details or to book call the box office on 01935 422884 or visit the website at www.octagon-theatre.co.uk.



Sheelanagig at the Beehive

SHEELANAGIG have become something of a West Country institution for the past decade. A quintet with a well-stocked armoury of stringed instruments – guitar, fiddle, double bass – and a bagful of joint-jumping tunes, these boys sure know how to get a party started.

Putting both groove and stomp into a selection of traditional and original European folk music dating from the medieval times to present day, it's difficult – nay, impossible – for your limbs to remain stationary when you're within earshot of them in full flight. The fact that they've often played with a knowing wink shouldn't obscure their impeccable technique, virtuoso-standard ability that raises the roof in every place they play. Expect fun, a lot of laughs and some great music.

Formed 12 years ago at Dartington College of Arts in Devon, since they have performed extensively across the UK and Europe playing all sorts of venues from music clubs to theatres and from free street carnivals to major festivals like Beautiful Days, Glastonbury and WOMAD to name a few.

The five members bring a variety of musical backgrounds to the band which adds to the unique flavor of the sound. Violinist Aaron Catlow has been touring most of his life with various acts including medieval

troubadours Peascod and Irish revelers Mad Dog McRea. Flautist, Luke Phillips-Griphiths graduated from the respected folk degree course at the sage in Newcastle. Drummer, John Blakeley's passion lies in Afro beat and Latin and plays with Bristol super group No Go Stop. Guitarist Kit Hawes performed in Bristol's invisible circus house band and is an outstanding solo folk performer. Bassist John Short has a background of rock and jazz and tours the world with Fado

performer Claudia Aurora.

There are many influences within the band but that unites everybody, but passion for creating fantastic music that is not only great to listen to, but is also an energetic and entertaining experience when seen live is of the utmost.

Sheelanagig play live at the Beehive, Honiton on Friday, October 6th at 8pm. Tickets are £12.50 in advance, or £15 on the door, available by calling 01404 384050 or at www.beehive-honiton.co.uk



 The small hall with the BIG reputation
David Hall

FOLK • ROOTS • ACOUSTIC • JAZZ
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After a musical break during the month of August it was great to get back to our programme of gigs when on Friday 8th September we welcomed Leeds-based singer/songwriter, Allan Taylor. Allan was last with us in 2005 and performed songs covering a career spanning four decades. Allan proved once again that he is a massive talent and why he is not a 'household name' is a mystery. A fantastic musician who has a voice that reminds me of one my all-time favourite artists, Mark Knopfler.

On Saturday 16th we were really pleased to welcome for their first visit the young four-piece Acapella group, The Teacups. They met when attending a Folk Degree University course at the University of Newcastle and consists of Alex Cumming, Kate Locksley, Rosie Calvert and Will Finn. Both Kate and Alex have local connections and this helped create a large and very enthusiastic audience who enjoyed both the varied material and the spot-on harmonies. A fun night loved by all.

At the time of writing this I am eagerly awaiting the first-ever appearance with us of the multi-talented Luke Daniels. On Sunday 24th September our programme starts at 3pm when Luke will carry out a beginners' Penny Whistle Workshop. This should be great fun and is "family friendly".

In the evening, Luke will showcase his wonderful, The Polyphon Chronicles. Described by Songlines as "a future classic" it features Luke's beautifully crafted songs and intriguing instrumental music and highlights his totally unique Electrophon Machine.

Saturday 30th will prove to be a very busy day which starts at 10am with Jesper Rubner-Petersen carrying out a Bluegrass/Oldtime Mandolin Workshop.

At 8pm on the same day we have one of the country's finest Bluegrass bands performing when Edinburgh-based Southern Tenant Folk Union take to the stage. I am the first to admit that I have somewhat neglected Bluegrass music at The David Hall for too long. This is an all-Acoustic band with banjo, fiddle, double bass, guitar, percussion and harmony vocals. Brilliant musicianship providing a scintillating live performance.

The David Hall's October programme will begin on Friday 6th when Yeovil-born choreographer, Steve Johnstone, will bring his Off the Map Dance Company to South Somerset for the first time. This has long been one of Steve's ambitions and the company will present his first full-length professional piece.

Called Folklore, this production takes its inspiration from Folk stories from Somerset, Dorset and Devon. It is a tale of confronting inner fears and the struggles we go through with ourselves and loved ones. Folklore is set to original music composed by the Dorset duo Ninebarrow who, earlier this year, were nominated for the BBC Radio 2 Folk Horizon Award.

On Saturday 7th, the fantastic Bristol-based musician, Gaz Brookfield, will be with us. This event is understandably proving

to be very popular as Gaz will be supported by Nick Parker who will play his tongue-firmly-in-cheek Folky/Country/scrappy songs. Do not miss the opportunity to see two of the country's best independent musicians!

On Saturday 14th October, we at The David Hall - and many others - will be in thoughtful and reflective mood as we were really looking forward to welcoming one of our favourites - Vin Garbutt. Sadly, Vin died in June and he will be missed by all Folk music lovers throughout the country. RIP, Vin.

One of Folk music's greatest innovators - Martin Carthy - will be with us on Saturday 21st. For more than 40 years Martin has been one of the best-loved, most enthusiastic and at times, quietly controversial, figures. In the history of Folk music, Martin is one of the 'true greats'. He has become a legend and this is a gig that should not be missed!

Nancy Kerr has performed for us many times but Saturday 28th October will be her first performance with The Sweet Visitor Band. This show promises to challenge, inspire and confront in equal measure. It is joyful, boisterous and, at times, a dulcet call to arms. To get this five-piece band to perform for us is a real coup and a large audience is expected.

Music for the month ends in a Classical vein when, at 3pm on Sunday 29th, the Divertimento String Quartet perform. They will play compositions by many different composers, including Beethoven and Ravel.

I am sure you will agree that October is not only a month of high-quality music, but also a programme totally diverse in content. I look forward to seeing you soon at The David Hall!

Pete Wheeler, Petherton Arts Trust

Also in October

On Wednesday 18th, Stephen Moss will present Around the World with the BBC Natural History Unit. Stephen is one of Britain's leading nature writers and lives on the Somerset Levels. He is President of the Somerset Wildlife Trust.

Petherton Picture Show will present two films. On Friday 13th, Interlude in Prague – a fictitious but captivating story of Mozart's years in Prague, and on Friday 27th, The Sense of an Ending, based on the novel by Julian Barnes and starring Jim Broadbent, Charlotte Rampling and Emily Mortimer.

Acoustic Night will be on Sunday 22nd, 7.30pm – 10.30pm. All styles and forms of performance welcome – not just music. If you wish to perform please drop us an email at chriswatts.org to secure a slot.

The David Hall's popular Coffee Morning will be on Wednesday 25th, 10am-12noon. Entry is free.

For further details about any of the above please check the website www.thedavidhall.org.uk or call 01460 240 340.

Diary Dates

MONDAY OCTOBER 2ND

CREWKERNE: Short Mat Bowls at Henhayes Centre. 7 - 9.30pm. New members welcome, come and give it a try.

MUSBURY: Musbury Garden Club kick off their 8th season on Monday 2 October 2017 with a combined talk and demonstration by Angela Brooke Smith. Angela is a local grower, garden designer and florist who will show us how to create a cut flower garden and how to make a hand held bouquet from the flowers we grow. The talk will begin at 7.30pm in Musbury's village hall. Refreshments are served from 7pm. All welcome. Non-members £2.50.

AXMINSTER: "Seated tai chi and a cuppa", suitable for all regardless of age or mobility. Gentle flowing seated exercises with a flavour of tai chi. The Senior Citizens Centre, Church Street, Axminster. 10.30 to 12 noon then every Monday. Cost £5 which included refreshments afterwards. Please contact Margaret on 01297 32095 for more information.

CLAPTON: Clapton & Wayford Village Hall at 7pm - combined Harvest Supper & Produce Auction; proceeds to be shared between St Michael's Church, Wayford and C & W Village Hall. All welcome; £12 to include glass of punch/fruit juice on arrival, excellent 2 course hot supper, cheese & biscuits and coffee/tea. Wide variety of raffle prizes; licensed bar. Donations of produce for auction welcomed. Please book in advance from 01460 72324 or 01460 74849.

TUESDAY OCTOBER 3RD

CREWKERNE: Computer Drop-in at Henhayes Centre - Questions answered and help provided. 10am to 12 noon, £2/£3.

CREWKERNE: Henhayes Knitters. Come and enjoy a knit and natter afternoon and make items for yourself or for sale at the Centre. 2 - 4pm.

CREWKERNE: Tuesday Welcome Group at Henhayes Centre. £2.50 incl coffee per session. For people 50+ who like to meet other people and enjoy a few activities like painting, pottery, music, quizzes and occasional bingo. Transport can be arranged (£3.00) and members usually stay for a cooked lunch priced at £6.50 including tea or coffee. Please call 01460 74340 for further details.

WEDNESDAY OCTOBER 4TH

UPLYME: Lyme Ladies Quilt Group meeting at Uplyme Village Hall, 1st Wednesday of each month, 1.30-4.30pm. Annual membership fee £10 (visitors welcome). If you think you would like to come along and join us, you are more than welcome. We also enjoy a nice cup of tea or coffee, and a biscuit or two, plus the inevitable chat. Call 01297 445747 or 01460 394429 if you would like more information.

COLYTON: Colyton, Colyford & District Memory Café 2pm to 4pm, St John Hall, King St, Colyton

CHARD: Friends of Springmead Surgery AGM 7pm at the Surgery. Business followed by an illustrated talk by Dr Peter Glanville entitled "The Rushing Water and the Frozen Deep". Many of his former patients know him as a keen caver and he was one of the first to discover the largest cave chain yet known in Europe, near the Cheddar Gorge in the Mendips. All patients and friends are welcome.

AXMINSTER: Chair Yoga-size. Bradshaw Room, Thomas Whitty House, Silver Street (next to Heritage Centre) 10.30am-11.30am. For more details call 07976 312541.

SEATON: Yoga with a Chair 1.30 to 2.30 at the Gateway, Fore St. Yoga for EVERYbody £5. All welcome. Just turn up! For more details call 01297 20326 or email waite@relaxatseaton.co.uk.

CREWKERNE: Bingo at the Henhayes Centre - "eyes down" at 2pm. £5.30 (£4.80 for members) for 6 books of 12 games, cash prizes. Bar open, refreshments available, raffle.

KILMINGTON: Film: 'Viceroy's House' (12A). The birth of India's Independence and creation of Pakistan. Doors and bar open (wine and soft drinks) at 6.45pm, film 7.15pm. For more details or advance booking see the village web site Kilmingtonvillage.com/movilia.html or phone 01297 32938. Tickets £5 booked in advance or £5.50 on the door.

AXMINSTER: Vikings in the West Country - Author Derek Gore gives a balanced view of Scandinavian activities in the West from studies of place-names, personal names, metal-work, stone sculptures and written accounts of raids. Axminster Historical Society, 7:30pm The Bradshaw Room, Axminster Heritage Centre, Silver Street, EX13 5AH All welcome!

COLYFORD: Women's Institute, 2pm in the Memorial Hall. The talk is entitled 'It's a Vet's

EAST DEVON LUNCHEON CLUB

Meets monthly from October to March, providing an opportunity to make new friends in the comfortable atmosphere of the Victorian Hotel, Sidmouth.

Lunch is followed by an entertaining speaker. A few places are now available. Should you wish to join us you would be most welcome. For further details please telephone the Membership Secretary 01395 519632

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for lunch, tea or coffee 9am to 4.30pm
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from 10am to 12 noon
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The Centre can also be hired

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THE FAREY FAMILY

Concert to be held on

Friday 29th September

Concert only £10, with supper £18

Doors open 6pm, Supper 6.30pm, Concert 7.45pm
Supper must be booked and paid for in advance.

Saturday 30th September

BREAKFAST/BRUNCH

10am – 12noon (Last order 11.30am)

Sausage, Bacon, Egg, Beans or Tomato,
Toast, Tea or Coffee £4.00
Extras available at 50p each

The Henhayes Community Centre,
South Street Car Park, Crewkerne

Tel: 01460 74340

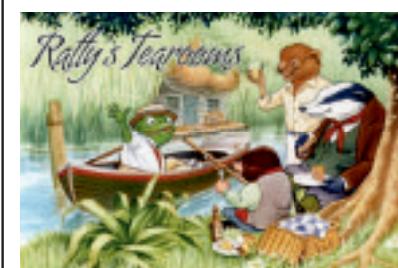
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Call Jo 07596 715203

www.natureindevon.co.uk

Diary Dates

Life'. More information from Elizabeth on 01297 624250

CLAPTON: Clapton & Wayford Village Hall - sew, knit & natter, 10.30am, all welcome; details from 01460 72837.

THURSDAY OCTOBER 5TH

AXMINSTER: Music at the Minster: Lunchtime concert. Peter Parshall - organ. At the Minster, 12.30pm. Lunch at 1.05pm. For more details call 01297 32927. Donations towards the upkeep of the church.

CREWKERNE: English Folk Dance. St Bartholomew's Church Hall, Abbey Street, 8-10pm Every Thursday, £3.50. First visit free. For more details call 01460 77320 or 01460 75760.

CHARD: Free Cooking Demonstrations For Heart & Diabetes with HALFF (Health and Local Food for Families). 11am-1pm. Free healthy cooking demonstrations giving hints and ideas for cooking and covering nutritional advice for people with, or at risk of, type 2 diabetes, heart disease and high blood pressure. At Crowshutte House, Crowshutte Link, Chard, TA20 2EZ. No need to book, just turn up, it's free. Chat, learn, eat. Call Nikki on 01297 631782, email nikki@halff.org.uk or go to www.halff.org.uk for more information.

ILMINSTER: Ilminster Thursday Group weekly talks at the Warehouse Theatre TA19 9AD Dr Erasmus Darwin and the Lunar Men 9.15 for 10.15 Further details 01460 259596

TATWORTH: Tatworth Flower Club AGM at the Tatworth Memorial Hall. Admission £2 to include a cream tea. Doors 1.30-2pm. Visitors welcome. For more details call 01297 33924.

CHARD: Chard Camera Club club will be meeting at the Chard Baptist Hall, Holyrood Street Chard at 7.30pm. They will be holding an in-house print competition on the subjects of, Mono, Close up and an Open class. The club is always seeking new members and will welcome anyone interested who would like to attend at any of their meetings. Further information can be obtained from their website www.chardcameroclub.org.uk or by ringing Mrs Partridge 01460 66885

CREWKERNE: Over 5s Keep Fit at Henhayes Centre. 10-11am. £3.50 (members £2.50)

CREWKERNE: Physio Fit at Henhayes Centre - 10.30 am to 11.45 am. £2 for members, £3 for non-members.

CREWKERNE: Short Mat Bowls at Henhayes Centre. 2 - 4.30pm. New members welcome, come and give it a try.

SEATON: Greg's Music Makers. St. Gregory's Church Centre, Colyford Road, Seaton. From 10am to 11am. Music and Songs and Dance. Toys and games. Refreshments and Friendship. Donations of £1 per family invited For more info, please contact Sharon : 01297 625875. www.coastalchurch.org

FRIDAY OCTOBER 6TH

CREWKERNE: Sequence Dancing at the Victoria Hall, 1.45-4pm. Tea and biscuits, raffle. £2 per person. For more details call 01935 415520 or 862866.



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Raising Aspirations Co-ordinator

Grade E - £11.02 per hour-£12.94 per hour
depending on experience

Working hours: 12 hrs per week 36 weeks per annum

Start date: Immediate start preferred

Axe Valley Academy is entering a very exciting period in its development. After working in a formal partnership with Holyrood Academy in Chard since April 2016, Axe Valley Academy became part of the Vector Learning Trust on 1 April 2017. We believe that the benefits of working within the Trust and the extra capacity that this will bring will be hugely beneficial to us as we look to further develop the Academy at pace in the coming months and years.

We are looking to appoint a Raising Aspirations Co-ordinator to provide an inspiring and best practice careers service throughout the Academy to ensure that students are guided to make the best of their abilities and are encouraged to pursue challenging and rewarding pathways.

The successful post-holder will have:

- High standards and expectations
- Highly developed interpersonal skills
- A commitment to team work
- A positive outlook
- The drive to succeed

Axe Valley Academy is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

Further details of the post and to apply, please visit our website www.axevalley.devon.sch.uk.

Closing date for applications 9th October 2017

FAIRFIELD HOUSE RESIDENTIAL CARE HOME

Fairfield House have got the following positions available:

Night Carer

Full time, 36 hours a week, including alternate weekends.

Care Assistant

30 hours a week, including alternate weekends

Roles include: assisting our Residents to maintain a happy and healthy lifestyle. You will assist with personal care, activities and general duties as required. We pride ourselves on our homely atmosphere and welcome interest from anyone who has a caring, compassionate personality.

Fairfield House provides a friendly and positive working environment. Full training provided, including NVQ's. For further information please contact Sarah or April on 01297 443513 or email admin@fairfieldhouse.co.uk

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marianne@evergreensw.co.uk

01297 443209

FAIRFIELD HOUSE RESIDENTIAL CARE HOME

Fairfield House have got the following position available:

Care Lead

Required for 12 months to cover maternity leave
Full Time, alternate weekends.

A varied role acting as assistant
to the management team.

Enquire for more details on 01297 443513
or email admin@fairfieldhouse.co.uk

To advertise in the jobs section call Natalie Edmeades on 01297 446145

Care Home Manager

Required for

Beautiful Care Home in Lyme Regis
Experience necessary - up to speed
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quicks.eng@gmail.com
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Public Notices

PUBLIC NOTICE LICENSING ACT 2003

To whom it may concern:
We The Barrel of Beer LTD

do hereby give notice that we have applied to the Licensing Authority at East Devon District Council for variation of a Premises Licence at: Fore Street, Beer, Devon, EX12 3EQ and known as The Barrel of Beer LTD.

The application is to:
Extend premises opening hours and the hours for the sale of alcohol to open earlier & close later & to add licensable activities of live music, recorded music, film & late night refreshments

Any person wishing to make representations to this application may do so by writing to The Licensing Manager, East Devon District Council, Council Offices, Knowle, Sidmouth, EX10 8HL not later than 28 days after the date of this notice. www.eastdevon.gov.uk
A copy of the application can be viewed at the Licensing Authority's address during normal office hours.

It is an offence knowingly or recklessly to make a false statement in connection with this application, the maximum fine on summary conviction being £5,000

Dated: 20/09/2017

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PUBLIC NOTICE LICENSING ACT 2003

To whom it may concern:
SUN N AQUA LTD

do hereby give notice that I have applied to the Licensing Authority at East Devon District Council for a new Premises Licence at: Safar Restaurant, Old Weighbridge House, Woodmead Road, Axminster, EX13 5PJ and known as Safar Restaurant

The application is to:
Sell alcohol for consumption on the premises and away from the premises between the hours 12.00 - 14.00 and 17.30 - 23.00.

Any person wishing to make representations to this application may do so by writing to The Licensing Manager, East Devon District Council, Council Offices, Knowle, Sidmouth, EX10 8HL not later than 28 days after the date of this notice. www.eastdevon.gov.uk
A copy of the application can be viewed at the Licensing Authority's address during normal office hours.

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Pulman's Property View



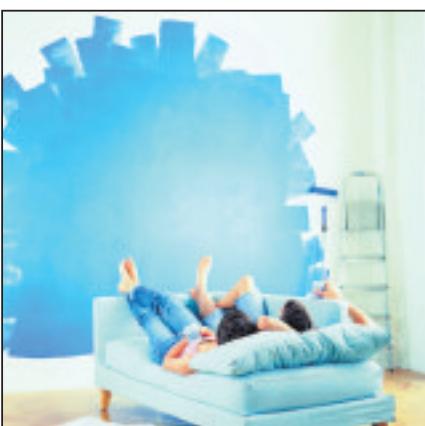
The key to finding your perfect home

5 TIPS FOR PAINTING WOODWORK

By Julia Gray, Press Association

FILLING, sanding, cleaning - it might be boring work, but thorough prep is essential for a fabulous finish

1. One of the basic rules of DIY is prep, prep and more prep - thorough preparation is vital to get a good finish. It's often boring, hard work and time consuming, especially with woodwork, but worth it. Before you paint, prep typically involves filling, sanding and cleaning off, and sometimes repeating the process until the surface is in tip-top condition. It's often easier to see what needs to be filled after applying a coat of paint, so it's not always possible to do all the prep in one go. For walls and ceilings, different fillers are needed for different jobs. Other times, you'll need a heavy filler with body that can be used on different surfaces - indoor plaster, stone, concrete and wood - up to 20mm deep.



2. Priming is also key to getting a good, long-lasting finish. Applying a primer or primer/undercoat ensures your topcoat will adhere to the surface better. For example, shiny surfaces usually have to be sanded, cleaned off and painted with a suitable primer to make the surface matt. Priming can also seal surfaces and make them less porous; new plaster is really absorbent, so always seal it before painting, wallpapering or tiling it. Another reason to prime is to provide better coverage. If you're painting over a dark emulsion with a pale one, it pays to use a basecoat emulsion first. Getting solid colour with white water-based wood paints is a problem because they don't generally cover well, but a good primer will.

3. You won't get a good finish without using decent paint rollers and brushes. There's nothing worse than ones that shed fibres and bristles, or leave lots of roller and brush marks, and for this reason, cheap rollers and brushes can be a false economy.

4. Worklights can also help achieve a good finish, especially now it's getting dark earlier. While you should ideally prep and decorate in good natural light, worklights are fantastic for illuminating a room when it's gloomy, and because they're on a tripod, they're fully adjustable, so you can get light where you need it. The downside? Worklights can show up things you can't see in natural or normal artificial light, resulting in unnecessary prep; angling the light away from what you're working on works best.

5. The best way to get a good finish with wooden or laminate flooring is to remove skirting boards and replace them (or fit new ones), so they cover the expansion gap around the edge of the flooring. If this isn't practical, fit matching wooden scotia beading over the expansion gap. The easiest way to fix it is with a nail gun, which is much quicker and easier than hammering in panel pins.



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Cliff Castle, Seaton

NEW INSTRUCTION

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A spacious two bedroom, second floor apartment which has recently undergone a full refurbishment. Some of the works include: A 'Howdens' kitchen with integrated appliances installed, a contemporary bathroom fitted, a new heating system, new flooring laid, fully plastered and decorated throughout. Use of resident parking spaces. Staircase and lift to all floors.

£199,950



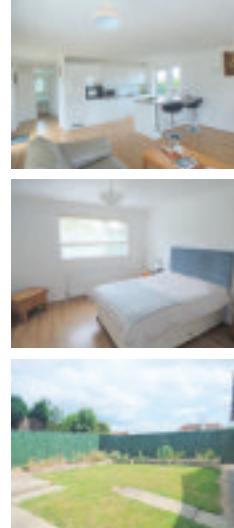
Larch Close, Seaton

NEW INSTRUCTION



A superbly presented two bedroom detached bungalow situated in a small cul-de-sac. The property has undergone a full refurbishment and now benefits from an open plan living layout with a stylish kitchen with integrated appliances, newly fitted fully tiled shower room. Replacement gas central heating system. Scope to extend STPP. Off road parking for several vehicles & a single garage.

£279,950



Springfield Gardens, Seaton

NEW INSTRUCTION



A two / three bedroom chalet style property situated on this 'tucked away' development within close proximity of the town centre. Completed in 2010. Very well presented spacious & flexible living accommodation. Good sized living room with double doors through to the conservatory. Low maintenance gardens.

£289,000



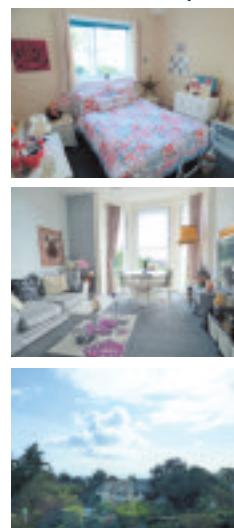
St Helens, Cotmaton Road, Sidmouth

NEW INSTRUCTION



A first floor, two bedroom apartment in this popular location on the Western side of town. Extensive sea views from the living room & bedroom. Ideal 'lock up' seaside home or indeed permanent residence. Residents parking and a private garage within a block.

£185,000



Flax Meadow Lane, Axminster



Situated on this popular new development completed by Wain Homes in 2015 is this smart end of terrace property with two double bedrooms. The well presented accommodation includes: Living room, modern Kitchen / Diner. Two double bedrooms and the family bathroom. With the property being the end of the terrace it benefits from having extra outside space and a private driveway.

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Hillymead, Seaton

NO CHAIN



A detached two / three bedroom bungalow with a spacious, level plot. Flexible accommodation with two double bedrooms and a single bedroom / office. Modern kitchen & bathroom. Off road parking for two cars and there is also a single garage. Close-by access down to the Wetlands with a footpath straight into the town.

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NEW



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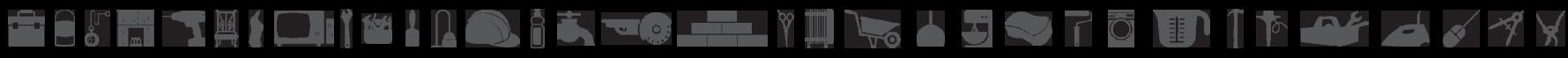
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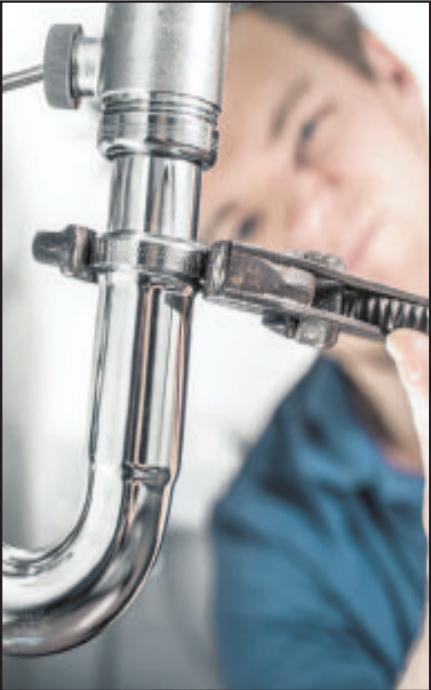
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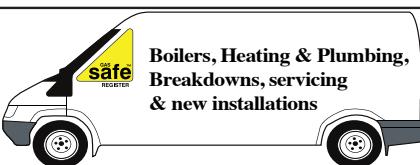
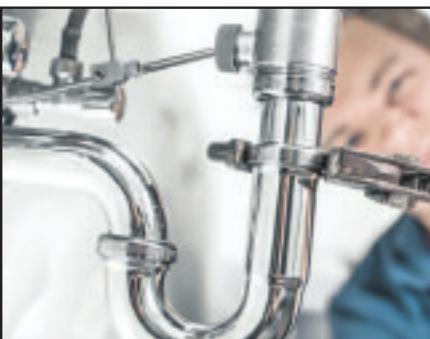
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All-new Mitsubishi Eclipse Cross UK pricing and specification announced

THE all-new Mitsubishi Eclipse Cross will be available to UK customers from £21,275 OTR when it goes on sale in January 2018. Developed with a focus on three core areas – inspiring design, driving dynamics and advanced technology - Mitsubishi's new mid-sized SUV will be available in three trim levels – Eclipse Cross 2, Eclipse Cross 3 and Eclipse Cross 4.

At launch, all versions of the Mitsubishi Eclipse Cross will be powered by an all-new 1.5-litre turbocharged petrol engine developing 163hp and 250Nm of torque which will be available with a six-speed manual or advanced new automatic transmission with Sport mode, manual override and paddle shifters, depending on the model. The new transmission benefits from the latest step logic technology to combine the packaging and running cost benefits of a CVT with the smoothness and responsiveness of a traditional automatic.

The Mitsubishi Eclipse Cross will also be available with two- or four-wheel drive, the latter incorporating the latest generation of Mitsubishi's Super All-wheel Control (S-AWC) system that offers a choice of three advanced drive modes – Auto, Snow and Gravel.

The Eclipse Cross is extremely well specified, with even the entry-level 2 ver-

sion offering features such as a touch-pad controller, Smartphone Display Audio that is compatible with Apple CarPlay and Android Auto, rear view camera, DAB radio with six speakers, cruise control, climate control air conditioning, LED Daytime Running Lights, Bluetooth connectivity for hands-free calls, 16-inch alloy wheels, privacy glass and heated door mirrors.

The cockpit-style driving environment in the Eclipse Cross reinforces its focus on driving pleasure and the spaciousness of the cabin is further enhanced by slide-and-recline adjustment for the 60:40 split rear seat on all models. To optimise loading comfort and facilitate loads of various sizes and shapes, the rear seat back has eight different recline settings and the base has up to 200mm of travel.

The Mitsubishi Eclipse Cross protects its occupants, other drivers and pedestrians with an array of safety features and systems. All versions will have Lane Departure Warning, Forward Collision Mitigation (FCM) that uses radar technology to detect a risk of collision, ABS, Active Stability Control, Hill Start Assist, Brake Assist, seven airbags, dusk and rain sensors and automatic operation of the headlamps' dipped beam. All these features are standard in the entry-level Mit-

ubishi Eclipse Cross 2 which is priced from £21,275 OTR.

The Eclipse Cross 3 builds on the specification of the 2 versions by adding 18-inch alloy wheels, a head-up display, heated front seats, front and rear parking sensors, dual-zone climate control, keyless entry and keyless start, electrically folding door mirrors, silver side sills and an electronic handbrake on automatic versions. Pricing starts from £22,575 OTR for the front-wheel drive Eclipse Cross 3 manual and £23,850 OTR for the front-wheel drive automatic. The Eclipse Cross 3 4WD automatic is priced from £25,350 OTR.

Completing the line-up, the flagship Eclipse Cross 4 version builds on the 3's specification with the additions of leather trim, electrically-adjustable driver's seat, electric opening panoramic roof, Rockford Fosgate Premium sound system with nine speakers and a suite of advanced driver assistance systems including LED headlamps, 360° parking camera, Blind Spot Warning (BSW), Rear Cross Traffic Alert (RCTA), Lane Change Assist (LCA) and Adaptive Cruise Control (automatic only). Pricing for the flagship Eclipse Cross 4 starts at £24,975 OTR with the front-wheel drive manual transmission and £27,900 OTR for the 4WD automatic version.

To celebrate the launch of the Mitsubishi Eclipse Cross in the UK, a special 'First Edition' version will be available for a limited time. The First Edition is based on the Eclipse Cross 4 but is bolstered with a number of exclusive extras including a premium paint finish, carbon-finish bumper corner and side extension kit with red inserts, additional silver styling details to the front and rear, special First Edition floor mats with red

trim and unique First Edition badging. Just 250 units will be produced priced from £26,825 OTR.

Order books for the Mitsubishi Eclipse Cross open in October but customers are able to register their interest now by visiting www.mitsubishi-cars.co.uk/eclipse-cross/

Further Eclipse Cross media information is available at www.eclipse-cross.co.uk



■ Mitsubishi Eclipse Cross

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Best 4x4 buys for a snowbound winter

AS THE weather takes a turn for the worse, many motorists may consider buying a 4x4 for the winter months.

Automotive data company hpi has put together a list of this season's best buys. Motoring expert Tim Bearder considers which vehicles will minimise any potential loss in value if you bought now and sold in the spring.

Tim said: "Vehicle depreciation can be the biggest cost in running a car. If you choose a model with low depreciation it can save the average motorist thousands. Our analysis shows

the Suzuki Jimny, Dacia Duster, Nissan Juke, and Vauxhall Mokka lost only £300 to £600 over the last 12 months. Be sure to check if your SUV is 2WD or FWD as most cars look the same, and many SUV like Nissan Qashqai are mainly 2WD.

"If your budget stretches to £40-£60,000 then three cars that spring to mind is the Porsche Macan, Mercedes GLC and the Jaguar F-Pace. Our money is still with the Porsche Macan, although any of these models are safe bets the Macan still has a quoted lead time of up to seven

months with means if you want one sooner you are going to have to pay a premium for a used one.

"For a lower budget, the Land Rover Freelander or Kia Sportage are excellent buys. Also take a look at the Jeep Wrangler, which is not only a capable icon but has become very popular in the vehicle enhancement and conversion sector. This has strengthened desire and demand for this vehicle and values for this car have been very stable over the past year."

hpi say that recent models to

zero depreciation are Seat Altea, Skoda Kodiaq and Ford Kuga.

hpi recently launched a vehicle valuations service to give consumers the ability to buy and sell cars with utmost confidence offering them the inside view on the total cost of ownership of a vehicle during its lifespan along with precise depreciation figures.

The hpi valuations tool - hpi-valuations.com - is aimed at consumers buying and selling cars in the used car market and minimises the risks that can see consumers paying over the odds or not getting the best-asking price.



■ Best 4x4 buys for a snowbound winter

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Subaru Forester gets even safer with eyesight

SUBARU Forester has been updated in time for winter with the addition of EyeSight, Subaru's advanced driver assist technology, fitted as standard equipment.

EyeSight acts as a second pair of eyes for the driver and depending on the vehicle's speed, can completely avoid and significantly reduce the severity of accidents at high speed.

With safety one of the main objectives, EyeSight was also developed to lower carbon emissions by reducing incident congestion and subsequently lower the economic effects of sitting in traffic.

EyeSight has two stereo cameras, mounted on each side of the rear-view mirror, and they use image recognition to capture three-dimensional colour images with clinical precision. The

technology can distinguish vehicles, motorbikes, bicycles, pedestrians, lane markings and road furniture and can differentiate between these and determine the general traffic conditions.

With an emphasis on real-world tests and evaluations, EyeSight has been developed to correspond exclusively to the individual country's traffic conditions.

In total EyeSight uses six technologies to maximise safety including Adaptive Cruise Control, Pre-Collision Braking, Pre-Collision Throttle Management, Lane Departure and Sway Warning, Lane Keep Assist and Lead Vehicle Start Alert.

The institute for Traffic Accident Research and Data Analysis in Japan produced a study of Subaru vehicles involved in accidents be-

tween 2010 and 2014. It found that there were 61% fewer accidents involving EyeSight equipped cars compared to those without.

Globally, the milestone of one million EyeSight-equipped vehicles on the road was hit back in 2016.

In the UK, Forester is the third model in the range to be fitted with EyeSight. Subaru vehicles are already among the safest on the road today; with all three vehicles in the SUV range receiving the maximum 5* Euro NCAP rating.

EyeSight will be standard equipment on all Forester XE Lineartronic and XE Premium Lineartronic models from October and will also be equipped with a black shark fin antenna and DAB radio. Prices start from £28,995.00 on the road.



■ Subaru Forester gets even safe with EyeSight



■ Subaru Forester gets even safe with EyeSight

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The new Nissan X-Trail: World's best-selling SUV gets even better with higher quality enhancements

THE NISSAN X-Trail is the world's best-selling SUV and now available with a range of upgrades which further enhance its quality and refinement. The changes include a distinctive and robust redesign of the exterior, a higher-quality interior with desirable new features, additional practicality for owners and innovative new technologies to make life on the road even safer.

For drivers seeking new levels of flexibility and greater freedom when they want it, the new Nissan X-Trail will be available with ProPILOT autonomous drive technology.

The enhancements to X-Trail are based on consumer insight and customer feedback, and are designed to reinforce the X-Trail's position as the perfect car for family adventures.

Robust new exterior design

The Nissan X-Trail has always been known for its sculpted and muscular styling, with chiselled lines, high wheel arches and elegant curves on the bonnet. All of those characteristics remain, and are now showcased through a distinctive and robust redesign of the front end, adding a new dynamism and more premium styling cues.

At its heart is Nissan's latest 'V-motion' grille, wider than before for a more impactful appearance on the road and echoed in the design of the bumper beneath. The redesign makes much greater use of the X-Trail's body colour, with the visible black plastic benefiting from a smart new gloss black finish.

On either side of the grille are new headlamp clusters, with much clearer design differentiation between the halogen units on Visia, Acenta and N-Connecta grades and full LEDs on Tekna. Both feature the latest version of the X-Trail's 'boomerang' Daytime Running Light signature.

For models with full LED lamps, dipped beam now features Adaptive Front Lighting System (AFS). This means dynamic cornering lamps operating in conjunction with the vehicle's speed and steering inputs. Also appearing on the new Qashqai crossover, this is the first use of AFS for Nissan in Europe, and means greater illumination of a corner's apex for better visibility and road safety. On high beam, the beam pattern is now wider than before, also improving visibility.

The biggest change to the profile of

the new X-Trail is the addition of a chrome side moulding across the base of the two doors. Creating a more dynamic appearance, this is standard on Tekna grade. There's also a new 18" alloy wheel available on N-Connecta grade.

The upgrades have resulted in a very slight change to the overall length of the car – an increase of 50mm means it's now 4,690mm from bumper to bumper. There is no change to the new X-Trail's width (1,830mm), height (1,710mm on Visia and Acenta, 1,740mm on N-Connecta and Tekna) or wheelbase (2,705mm). The exterior changes have not affected the new X-Trail's aerodynamic performance, with a Cd rating of 0.32.

Six of the eight existing exterior colours have been carried over, with four vibrant new additional shades added – Monarch Orange, Palatial Ruby, Sapphire Blue and Picador Brown.

Standard equipment and options

Every new Nissan X-Trail comes with six airbags as standard, plus driver assistance systems including anti-lock brakes and stability control. Other standard equipment includes cruise control with speed limiter,

Bluetooth connectivity, manual air-conditioning, electric folding / heated door mirrors and alloy wheels.

Depending on the grade chosen, other available features include an opening panoramic sunroof, leather upholstery, privacy glass, dual-zone automatic air-conditioning and roof rails.

Additional options include exterior styling plates and side styling bars. Genuine Nissan accessories include

the roof bars, a fixed towbar with electric hook-up and a Paw Pack designed to make the X-Trail the ultimate car for canine adventures which comprises of a dog guard, ramp, dog bed, non-spill water bowl, boot liner and accessory tidy.

Equipment levels on the new X-Trail vary across European markets, so please refer to local Nissan communications representatives for exact details.



■ Nissan X-Trail

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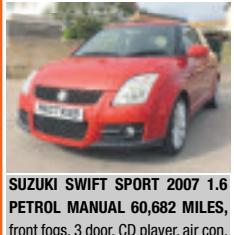
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Sport - East Devon round-up

with Howard Larcombe
 @howardlarcombe

current tables

	Pld	GDPts
SW Penin D1E	8	14 21
Newton Abbot Sp	8	4 16
St Martins	8	8 15
Bovey Tracey	6	5 15
Crediton Utd	8	5 15
Teignmouth	7	9 14
Torridgeside	6	11 13
Budleigh Salterton	8	9 12
Brixham AFC	8	1 12
Exeter University	10	-2 12
Iffracombe	7	1 11
AXMINSTER TOWN	6	5 9
HONITON TOWN	9	6 8
Liverton Utd	8	4 7
Appledore	7	7 7
Galmpton & Rose'	7	8 6
Alphington	9	13 5
Sidmouth Town	8	13 2

football around the east Devon clubs

Millwey put Offwell to the sword Hippos fight back to earn valuable point

SOUTH WEST PENINSULA LEAGUE HONITON TOWN 3 TEIGNMOUTH 3

A STUNNING strike from Ben Ede was the highlight as Honiton recovered from 3-1 down with four minutes remaining to salvage a point against last season's runners-up at Mountbatten Park.

The Hippos went close to opening the scoring in the first half when Joe Dixon unleashed a 30-yarder which cannoned back off the crossbar.

But it was the visitors who went one better to lead 1-0 at the interval. Honiton rolled up their sleeves and Ede went desperately close with two efforts which struck the goal frame. Undeterred Ede swung over a corner to the far post where defender Elliot Dyer rose well at the back stick to head home.

Stung, The Teigns regained the lead just three minutes later with a shot from the edge of the area and opened up a two-goal cushion with a breakaway as the hosts chased the game.

In the 86th minute Ede's patience was finally rewarded which he drilled in a 35-yarder which arrowed high up into the stanchion.

And the equaliser came just 90 seconds later when another Ede corner was headed back into the danger area and Martyn Hancock was on-hand to nod in the ball over the line.

Next up for Honiton is Saturday's visit by Galmpton & Roselands (3pm).

Axminster Town had no fixture on Saturday and return to action with a trip to County HQ to take on Newton Abbot Spurs.

DEVON & EXETER LEAGUE PREMIER DIVISION

BEER ALBION 3 HATHERLEIGH TOWN 1

D&E PREMIER

BEER ALBION chalked up their third Devon and Exeter Premier league win of the season by beating Hatherleigh Town 3-1 at the Furzebrake on Saturday writes Richard Honnor. After heavy opening defeats against pace-setters Exmouth Town and Elmores, the Fishermen have strung together a decent run and are now unbeaten in 5 matches.

The visitors are struggling for players this season and remain pointless but they gave a good account of themselves playing neat possession football but they lacked a goal threat and young Beer keeper Henry Bartlett was rarely tested. By contrast the Fishermen often relied on long balls through the channels and though not so pleasing on the eye they created far more scoring opportunities. Hatherleigh can thank their excellent keeper Penberthy for keeping them in the contest.

Beer had a great chance to go ahead in the very first when they were awarded a penalty after striker Chris Long was brought down. But Simon Smith's weak spot kick was well anticipated by Penberthy. But Hatherleigh did start brightly and almost took the lead when their tricky winger cut inside and Bartlett could only watch and hope a 25 header which smashed against the keeper's crossbar. As Town pushed forward Beer's George Harwood cleared off of his line on 12 minutes. The Fishermen began to settle down and took the lead against the run of play on 15 minutes when their outstanding midfielder John Cooper headed home after Town failed to deal with Harwood's free kick.

The Okes looked in charge when two-up, but Newtown managed to recover to 4-4 before the Okes grabbed a late winner.

Ed Squire, Ed Bradshaw, Ben Bickle, Jamie Jackman, and Toby Gostling were all on the mark for Argyle.

Leaders Elmores scored all eight goals in their 7-1 romp at home to bottom-of-the-table Topsham Town, although they

took full advantage with a spectacular goal on 36 minutes. Centre-back Andrew Foster picked up a loose ball on half way, carried the ball forward as Hatherleigh backed off and then hit an unstoppable strike from 30 yards.

After the break, Hatherleigh dominated the possession for significant periods but Beer back line defended well. Foster made a crucial goal line clearance on 78 minutes and the Fishermen went 3-0 up on 86 minutes when Harwood found Long with a quickly-taken cross-field free kick. Long took the ball in his stride and half-volleyed home from an acute angle. Plucky Town were not finished however and scored a deserved consolation on 90 minutes.

Match Sponsor East Devon Physiotherapy and Sports Injury Clinic of Sidford awarded Man-of-the-match to Beer's hard-working midfielder John Cooper whilst for Hatherleigh keeper Penberthy was outstanding.

DIVISION 5

MILLWEY RISE 11 OFFWELL RANGERS 2

ALTHOUGH Offwell never gave up trying and at times even presented a threat this was a one sided game, writes Dick Sturh.

Millwey were pressing from the start and after a few near misses scored in the eighth minute when Nathan Womersley ran onto a Shane Featherstone pass to beat the keeper. In a rare attack Offwell did hit the bar after some poor defending by the home side. Womersley returned Featherstone's compliment in the fifteenth minute when he put him through for goal number two Tyler Warren then had a firm shot pushed round the post. His resultant corner led to an own goal when a defender was put under pressure by Featherstone for a 3-0 lead.

Millwey switched off a couple of times after this and a poor back pass nearly gifted the visitors a goal. Then after some weak defending presented Offwell's Tristram Courtney with a goal.

The home side quickly got back on track with Sam Burke running through the Offwell defence to score number four. Alex Rocket fed Womersley through for the fifth. Jack Farrant fired home for the sixth after he was put through by Womersley to end the half six one in the lead.

After the break Womersley completed his hat trick when he latched on to Rocket's pass. Sam Burke fired home for number eight following a throw in. Offwell decreased the deficit when Courtney again beat Danny Larcombe following a free kick although it was soon extended again when Keith Forsey cleverly lobbed the visitors keeper for goal number nine. Jack Farrant scored the goal of the game (and possibly the season) when he launched a mid air volley that flew into the visitors net for the tenth and Tyler Allen, fed through by Featherstone, rounded off the scoring with number eleven.

DEVON & EXETER LEAGUE Round-up with

Collin Goodwin & Howard Larcombe
OKEHAMPTON Argyle preserved their 100 per cent Premier record in a dramatic 5-4 victory at Newtown.

The Okes looked in charge when two-up, but Newtown managed to recover to 4-4 before the Okes grabbed a late winner.

Ed Squire, Ed Bradshaw, Ben Bickle, Jamie Jackman, and Toby Gostling were all on the mark for Argyle.

Leaders Elmores scored all eight goals in their 7-1 romp at home to bottom-of-the-table Topsham Town, although they

only led 3-1 at the break.

Jesse Howe and Jordan Bastin notched doubles, with Tom Tricker, Matt Harvey and Dan Tapp all adding singles, and it is already looking like a "Catch us if you can" season for the Horseshoe Park club.

Exmouth Town, without a match last week, beat Newton St Cyres, 4-0, while Cronies were just a shade too strong for Uttover, winning 3-0.

Bear Albion defeated a Hatherleigh Town side struggling to find enough players to maintain this level. The Fishermen won 3-1, and there was a boost for Clyst Valley after some recent batters as they defeated Seaton Town, 3-2.

Peniton and Withybridge shared the points in a 1-1 draw.

Division One leaders Lyme Regis finally conceded a goal for the first time but managed to get their fifth successive win 3-2 at home to second-placed Cullompton Rangers. Declan Ellis, as always, netted the first Lyme goal before a double from Chris Herbst did the rest.

The University started their season with a 1-0 win at Wellington Town, but there was an eye-opener at Chard Town where last season's whipping boys Bickleigh ran out winners, 8-0.

Lapford are picking up steam, a 2-0 win at Chagford their latest success – and it was a result emulated by Heavitree United in their derby match against Alphington.

Bampton edged to the pole slot in Division Town after wrecking Dawlish's 100 per cent record. The 'Ponies' won 6-1.

Both Woodbury, who surprised Bow AAC, 4-1, and Kentisbeare, 4-0 winners at East Budleigh, share top spot.

There were three draws in the division, the most entertaining was at Uplowman where Thorverton shared eight goals. Bradley Davey, (2), Daryl Berner and Greg Hooper were the Uplowman scorers.

Crediton United are storming away from the pack in Division Three. Their latest victims were Pinhoe, who were crushed 7-0.

All the other victories in this division were by the visiting teams, including the Royal Oak, at Budleigh Salterton who did at least get a couple of goals back in a 6-2 defeat from Ashref Ghani and Sam Page.

Former winners Otter St Mary hopes of glory in the Devon Senior Cup were wrecked by Babbacombe Corinthians despite getting the lead through Adam Harris. The Otters lost 3-1.

Halwill went through 5-3 on penalties after drawing 3-3 with Otterton. Matt Isaac, Rob Pearce and Rob Holland had their goals in normal time, which ended 3-3.

Sidmouth Town are also through. They beat Whipton and Pinhoe, 3-2, with Ben Miller, Andy Parr and Riki Pittor scoring.

Awliscombe United won their Devon Intermediate Cup replay at Newton United, 4-2, thanks to Duncan Bryant, Benjamin Carr and two own goals.

Bideford beat Newton Poppleford, 4-1, in their replay, and referee Dudley Frood, who is also the county cups chairman, awarded three penalties overall.

Kentisbeare were 9-1 winners at home to Bradworthy in their delayed clash, but Central were handed the tie against Amory Green Rovers after last week's abandonment when they were leading 6-0 at the break, when one of the AMG players was taken ill.

Perry Street stunned Premier Division Exwick Villa in the East Devon Senior Cup, winning 4-2. Dan Collins and Sam Roswell both scored twice.

current tables

	Pld	GDPts
D&E Div 6 (26)	8	27 7
Bravehearts	4	7 7
Cheriton Fitzp	2	7 6
Uttover Res	2	5 6
Sidmouth 3rds	2	5 6
Queens Head	2	5 6
Wellington A	4	3 6
Cranbrook	3	1 4
Exmouth Spart	1	3 3
Bickleigh Res	1	2 3
Silverton	3	6 1
Bampton Res	2	7 1
Seaton Town Res	4	10 1
Hatherleigh Res	2	10 0
Axminster 3rds	3	25 0

D&E Div 7 (26)

	Pld	GDPts
Spreyton	6	12 13
Lapford Res	4	4 6
Colyton Res	5	2 6
St Martins 3rds	4	1 4
Exeter Utd A	2	1 1
HT Dons	3	0 4
Willand XI	4	2 3
Bradninch Town	4	2 1
Amory Green	2	1 3
Newton Popp Res	2	0 3
Withybridge 3rds	3	1 3
Chagford Res	2	2 3
Kenn Ville Utd	4	13 0
Kentsbeare Res	1	1 0

Division Five new boys Teignmouth held on for their first win, 2-1 against Feniton, but Lyme Regis finally conceded a goal in their Division Six game at Dunkeswell, although they did still win 5-1.

A Brad Rowe penalty, Julian Simier, Jake Bearpaw, Fred Thomson and an own goal completed Lyme's scoresheet.

Cheriton Fitzpaine went joint top of Division Six after their 4-1 win at Axminster Town, but Division Seven leaders Exeter suffered their first ever defeat, 2-0 at Bradninch Town.

No team were happier than Cheriton Fitzpaine in Division Eight as they grabbed a last-minute winner from Alex Partridge to beat Pinhoe, 2-1. Elliot Clawson also scored.

PERRY STREET LEAGUE DIVISION ONE CUP R1 UPLYME 3 HAWKCHURCH UTD 5

HAWKCHURCH United turned around a 2-1 deficit to lead at half time and clinch victory despite having Tom Chubb red carded by referee Richard White late on.

"It was real end-to-end stuff – we could have had more – we hit the bar twice," said Hawks manager Martin Bright.

James Melville (2), Josh Pearse, Josh Short – a fine free kick and Brad Cross netted for the visitors. Jon Davies (2) and James Souter-Philips scored the Uplyme consolations.

DIVISION ONE

FARWAY UTD 4 WAYTOWN HOUNDS 2

STRIKER Ben Fulllick stole the headlines with all four Farway goals in a battling victory.

Before the match a minute's silence was observed for former Farway players Mike Berry who died recently.

The Hounds opened the scoring early on, but Fulllick soon leveled with a 25-yard thunderbolt shot and the first half ended all square at 1-1.

Fulllick struck twice after the interval to complete his hat trick before sub Dan Rumsby grabbed a lifeline for the visitors. But this was snatched away when Fulllick struck again and they could have had a fifth but Jack Murrell missed a late penalty.

Fixtures - Saturday 30th September

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DIVISION 2

Axmouth United v Honiton Town

East Budleigh v Axminster Town

DIVISION 3

Ottery St Mary v Pinhoe

DIVISION 4

Feniton v Winkleigh

North Tawton v Beer Albion

DIVISION 5

Dunkeswell Rovers v Culm United

Hemyock v Exwick Villa

Ilminster Town v Westex Park Rangers

Offwell Rangers v Black Swan Town

DIVISION 6

Cranbrook v Axminster Town

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DIVISION 7

Willand XI v Colyton

DIVISION 8

Pinhoe v Millwey Rise

Sidmouth Town v Okehampton Argyle

Perry St D3 (18) Pld GdPts

	Pld	GdPts
Charmouth	4	8 12
Thorncombe	4	5 8
Crewkerne Rang	3	3 7
Misterton Res	4	1 7
Chard Utd Res	4	4 4
Forton Res	2	3 4
Drimpton	3	6 1
Chard Rangers	2	3 0
Ilminster Colts	1	3 0
Perry Street Res	2	4 0
Perry St D2 (20) Pld GdPts		
Charmouth	4	8 12
Thorncombe	4	5 8
Crewkerne Rang	3	3 7
Misterton Res	4	1 7
Chard Utd Res	4	4 4
Forton Res	2	3 4
Drimpton	3	6 1
Chard Rangers	2	3 0
Perry Street Res	2	4 0
Perry St D3 (18) Pld GdPts		
Charmouth	3	12 9
Merriott Dynamos	3	8 9
Crew Rang Res	4	5 9
Donyatt Utd	4	4 6
Thorcombe Res	4	2 6
Lyme Rovers	2	2 3
Chard Rangers Res	3	4 3
Netherbury Res	3	6 0
Farway Utd Res	2	7 0
Chard Utd AS	4	12 0

jack high bowls round-up

Near perfect end to season for Fenny

FENITON with Roger Smith

THE final week of the season involved the mixed team in five matches. They won away at Chardstock by 54-50. The winning rinks was R Lovering, A Pritchard, R North and R Veitch 22-9. They also defeated local rivals Honiton by 76-61. The winning rinks were C Maynard, Ru Clarke and I Veitch 22-9, J Wheatley, J Livings and R Veitch 22-17 and J Skinner, D Downs and A Kury 18-12. They were also victorious against Sidmouth by 96-51. The winning rinks were G Skinner, A Pritchard, Ru Clarke and I Veitch 28-12, D Downs, J Mitchell, L Ley and A Kury 25-9, A Coyne, J Skinner, J Livings and D Coyne 22-13 and T Cox, M Mitchell, R Veitch and Ro Clarke 21-17. This was followed by a win against visitors Uffculme by 95-89. The winning rinks were D Sanders, J Wheatley, G Phillips and D Phillips 31-13 and D Bowden, G Skinner, A Coyne and D Coyne 17-15. The only minor blemish on the week was a narrow defeat at home to Pincers Garden by 72-75. The only winning rink was T Cox, B Bowden, A Kury and S Kury 21-17.

The Closing Drive was combined with the Presidents game, which had been previously postponed due to bad weather. The Spider com-

petition was won by Roger Clarke. The winning team on the afternoon, after a recount, was B Bowden, D Bowden and R Lovering. Richard North made the presentations and thanked everyone for their support during his three year tenure as President. In response the Club Captain, Graham Phillips, congratulated the President on his excellent term in office.

HONITON with Julie Grant

AS THE outdoor bowls season closes the indoors starts. Honiton finished their outdoor season with results which rather reflected much of the summer as they lost to visitors from Bovey Tracey 57 shots to 72, top triple Mike Critchley, Jimmy Smith and Gerry Stafrace 17-15, then went away and lost to Feniton 61 shots to 76 with one winning rink of Malcolm Granger, Ron Rogers and Daphne Courtney 23-14.

The Open Day and Evening saw over a dozen interested newcomers. Free taster sessions continue on Fridays at 6.00pm, call 01404 45999 book places.

Club finalists celebrated their winnings at Presentation Evening but members are tinged with sadness at the sudden passing of Ian McKenzie who had joined in on the recent club tour.

Indoors always commences with a "friendly" match of the ladies versus the gents. An enjoyable afternoon, well it was for the ladies who won 94 shots to 79, although the men did have one winning rink of Garry Osborne, Ron Rogers, Dennis Hillyear and Barry Randall 27-24. The ladies top rink, just, was Myra Singleton, Joan Mackintosh, Rita Barwick and Julie Grant.

SEVERALLS with Pru Robbins

BLUE CIRCLE Bowls Club Touring side won a six-rink friendly match 124-98 on September 4th , scores: R.Agar, S.Gould, Ann Larcombe & R.Devney 14-23. Alec Larcombe, A.McLaren, H.Leaman & K.Leaman 27-10. L.McLaren, S.Arnell, T.Cannon & D.Rees 16-20. C.Rawe, J.Chance, John Stacey & R.Hodder 14-16. P.Loaring, G.Calloway, S.Cannon & M.Rawe 18-13, Janet Roy, P.Stringer & Brian? 9-42.

On Saturday 9th September the NOMADS won a four rink friendly triples 62-58, scores: S.Arnell, B.McCallum 7 M.Rawe 14-12. J.Chance, H.Leaman & K.Leaman 19-9, J.Brazier, P.Loaring & R.Devney 16-16. S.Hodder, G.Calloway & R.Hodder 14-25.

There was a third defeat on Sunday 10th September as the SUFFOLK COUNTY PRESIDENT'S Touring side clinched a 59-54 victory, scores: M.Robins, N.Patel & R.Hodder 13-8. J.Chance, H.Leaman & G.Kerr 7-9. S.Arnell, T.Cannon & D.Rees 6-10.

starter's orders running news

Leeson's Century run

CHARD ROAD RUNNERS were out in more numbers this weekend and definitely ticked off the miles with a sting in the tail!

A trip down to West Fleet, Nr Weymouth was the first outing for CRR's in the Hero's Challenge Marathon a hilly trail race. Heading off with the pack Paul Masters moved to gain some early places over the early road section before the narrow coastal paths made overtaking harder, heading out of Abbotsbury the hills slowed progress but Paul was still making steady pace.

Thomas Hardy's monument was the halfway spot and the highest point of this hard hill marathon with over 700 metres of elevation, so heading out from this point Paul was feeling every mile and metre of climb with the last mile having a significant climb and a run down to the line Paul pushed hard in a time of 4h 42m 23s and 4th place.

Next to the Start line for CRR's was Andrew Leeson who took on the Cotswold Century Challenge. This race is a 102 mile non-stop race from Chipping Campden to Bath Abbey along the Cotswold Way, this off road trails route takes in over 4000 meters of elevation. Heading out at 12 Noon of Saturday,

N.Austin, P.Loaring & M.Rawe 11-11. R.Agar, Alec Larcombe & Ann Larcombe 7-15. C.Phiinn, S.Cannon & R.Devney 10-6.

CREWKERNE won a Wessex Mixed Friendly League match 87-83 on September 12th, rink scores: L.McLaren, N.Austin, C.Pocock & L.Cannon 28 M.Harwood 20. C.Phiinn, A.McLaren, Ann Larcombe & R.Devney 21 D.Smith 17. S.Arnell, J.Chase, Alec Larcombe & M.Rawe 14 D.Tare 32. D.Rees, G.Calloway, S.Cannon & D.Rees 24 J.Smith 14.

The club ended the losing run on September 16th when TAUNTON DEANE were defeated 79-63 a four rink friendly, scores: S.Hodder, N.Patel, Alec Larcombe & R.Devney 24-14. S.Gould, S.Arnell, H.Leaman & K.Leaman 20-18. C.Phiinn, J.Chance, A.McLaren & Ann Larcombe 20-15. L.McLaren, G.Calloway, C.Pocock & R.Hodder 15-16.

Meanwhile, the President's team came out on top 71-65 in the annual closure of the green match against the chairman's team on September 17th, scores: J.Agar, N.Patel & M.Rawe 6 M.Robins, J.Chance & D.Rees 22. S.Arnell, A.McLaren & G.Kerr, K.Leaman 19 N.Austin, S.Hodder, R.Agar & P.Loaring 18 D.Eigelaar, C.Rawe, H.Leaman & R.Hodder 24. L.McLaren, A.Larcombe & R.Devney 30 F.Agar, McCallum & A.Larcombe 6.

Finally, in the last outdoor game of the season brought a 98-73 in the first ever trip to WELLINGTON, scores: Alec Larcombe, N.Austin, D.Brolly & D.Rees 22 K.Foneraker 21. C.Pocock, J.Stacey, Ann Larcombe & R.Devney 32 D.Vile 15. A.Brolly, G.Calloway, R.Hodder & K.Leaman 21 I.Thompson 17. S.Arnell, B.McCallum, P.Loaring & M.Rawe 23 T.Gibson 20.

CHARDSTOCK with Jean Crisp

IT HAS been a wonderful year for the Club. Our membership has increased by 25%, we have played 95 matches despite the often inclement weather and two of our ladies made it through to the County Finals Day at Topsham.

As usual, the Club held its Open Day in April which was well attended and resulted in 11 new members. The Club's policy of ensuring that these inexperienced players get a minimum of four coaching sessions, spread over four weeks, from our qualified coaching staff pays big dividends as these players soon gain enough confidence to play in some of our friendly matches. Their progress was evident this year as the percentage of matches won increased as the season progressed.

Aside from the 50 friendly matches played, the Club was well represented in the Exeter & District Men's Over 60s Triples League, the Foxlands Trophy and the Top Club competition. A number of our bowlers also represented the Club in the County Section 3 competitions, with a number of members winning through to their respective quarter and semi-final stages. In the Over 60s League the most memorable performance was a 32-6 win for Ken Wakelin, Marr Toms and Norman Denslow in the match away at Madeira, probably the biggest and strongest club in the area. However, in all the competitions pride of place must go to Eileen Rolph and Gill Campbell who won their County Section 3 final and went on to play in the Finals Day against other section winners.

For such a small club to achieve so much in one season is quite exceptional.

Chard swimmers impress in relays

FOUR swimmers from Chard and District Swimming Club took part in the Swim England, South West Regional Relay competition held at the Plymouth Life Centre last weekend.

The Relay team consisting of Millie Downs, Briana Barraud, Grace Lambert, and Abi Greenslade, swam brilliantly.

Competing against much larger clubs from across the region, such as Bristol, Exeter, Poole and Mount Kelly, the Chard team held their own. The girls outstanding performance saw them win their 4x100m Freestyle heat, taking 7th place overall in the final and coming 6th in the 4x100m Medley relay. Congratulations to the team on such an outstanding performance.

If you are aged six plus and can confidently swim 25m (one length) front crawl, have reasonable skills in two other strokes and are interested in competitive swimming please visit www.chardswimmingclub.org.uk for more information and a free trial.

Sessions are held at Flamingo Pool in Axminster, Cresta Pool, Chard and Aqua Centre at Crewkerne.



■ **SINGLES SUCCESSES:** Honiton Bowling Club's singles winners Carole Binmore, Gerry Stafrace and Yvonne Rayner.

skittles colyton

Div 1: Cloakham A 414 (A Beer, S Flint 77) Gerrard A 384 (M Johnson 74); Vine B 341 (K Gush 68) Lamb B 341 (D Lucas 60); Axminster Con A 297 (C Sharp 55) Honiton Con D 296 (W Collins 57); Offwell A 358 (J Lockyer 67) Colyton Club A 383 (A Potter 71); Red Lion Cavaliers 365 (D Thompson 68) Volunteer A 390 (M Gillard 77); Seaton FC A 353 (M Searle 65) Tuckers Arms B 343 (D Coombes, K Tratt 59); New Inn A v bye;

Div 2: Honiton WMC A 313 (S Pye, R Hartley 57) Sidbury Lions 305 (N Anthony 55); Eagle Tavern 397 (C Hutchings 98) Dolphin Vikings 382 (S Jackson 72); Lamb A 337 (M Farmer 65) Vine A 304 (P Eveleigh 60); Sidmouth FC 346 (G Sweetland 72) Colcombe A 338 (S Marks, G Parsons 61);

Vine Nomads 358 (K Munt 66) Wheelwright A 347 (P Squires 62); Gerrard B 375 (D Tucker 78) Cloakham B 403 (B Garner 72); Honiton Converts v byе;

Div 3: Kingfisher A 312 (A Bishop 61) Cloakham Wanderers 309 (Liz Hayball 61); Wilmington Harts 375 (J Woolacott 77) Three Tuns BTP 364 (A. 68); Rising Sun A 352 (G West 65) Tuckers A 397 (S Hembrow 72); Heathfield A 394 (D Crabb 79) Col-

combe Beerboys 384 (S Bartlett 70); Volunteer B 307 (I Skinner 58); Mountbatten Whites 305 (J Peace 56); Kings Arms Beers 353 (S Somers 75) White Hart B 304 (P Bowler 55); Red Lion Sidbury v byе;

Div 4: Colyton Club B 369 (W Richards 66) Honiton Con A 317 (N Sleeman, M Richards 59); New Inn B 327 (D Hodder 66) Honiton WMC B 300 (J Smith 55); Colcombe B 418 (T Reynolds 75) Rising Sun B 360 (K White 69); Tuckers Arms C 321 (D Burrough 61) Seaton FC B 298 (D Parks 56); Colcombe Nomads 380 (P Easter 80) Ship A 371 (D Minchin 79); Honiton ConArtists w/o Axminster Inn A; Kings Arms A v byе;

Div 5: Hook & Parrot Smugglers 288 (G Stapleton 57) Hook & Parrot, Parrots 311 (P Burrows, R Woollard 56); Dolphin Dolls 365 (Emma Westlake, R Westlake 70) Heathfield B 338 (M Glaeser, M Fletcher 60); Millway Misfits 368 (S Featherstone 70) Kingfisher B 326 (A Hurford, B Dowell 62); Tuckers Arms D 263 (D Bennett 52); Sidmouth Arms Kings 301 (J Nuttell 56); Seaton Bowling v Wilmington Spares card not in; Offwell B v byе;

White Hart A v byе.



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Ann wins Betty Harris Memorial Cup



HONITON Golf Club Ladies Captain Janet Hughes presents the Betty Harris Memorial Cup to winner Ann Desmoulins.

cabbage lyme regis

Results

(September 18th)

Talbot Arms 3 New Inn Kilm A 2, Gerrard Arms 2 Nags Head 3, Lamb Swans 1 Colyton Club 4, New Inn Kilm B 4 Stepps 1, Ax Con Club 2 Ship Inn LR 3.

Beer League: Talbot Arms 1 New Inn Kilm A 2, Gerrard Arms 1

Nags Head 2, Lamb Swans 0 Colyton Club 3, New Inn Kilm B 3 Stepps 0, Ax Con Club 0 Ship Inn LR 3.

Fixtures (Oct 2nd):

Lamb Swans v New Inn Kilm A, New Inn Kilm B v Nags Head, Talbot Arms v Dolphin, Gerrard Arms v Ship Inn LR, Ax Cons v Stepps.

Silver Division winner was Olwen Eaton with nett 74, 2nd Heather Clarke nett 76 on c/b from Jackie Seager.

Bronze 1 winner was Ann Desmoulins, 2nd Penny Blackburn nett 78.

Bronze two winner was Di Wall with nett 80, 2nd Linda Curtis nett 82.

Winner of the 9-hole Stableford was Pam Knibb with 15 points.

Nearest-the-Pin on the 2nd was Liz Rogers in Bronze.

Nearest-the -Pin on the 12th was Olwen Eaton in Silver.

The 2's sweep winner was Chris Major with the only two of the day and consequently scooped the 'pot'.

Seniors

The poor weather Relented in

Beer Lge Pld Pts

Axminster Con Club 3 9

Nags Head 3 9

Ship LR 3 9

Colyton Club 2 7

Lamb Swans 3 7

New Inn Kilm A 2 6

New Inn Kilm B 2 6

Dolphin Beer 2 6

Talbot Arms 2 5

Gerrard Arms 3 3

Stepps 3 1

League Table

Pld Pts

Colyton Club 2 6

Ship Inn LR 3 6

New Inn Kilm A 2 4

Nags Head 3 2

Dolphin Beer 2 4

New Inn Kilm B 2 4

Talbot Arms 2 3

Lamb Swans 3 3

Gerrard Arms 3 3

Stepps 3 1

Beer Lge Pld Pts

Axminster Con Club 3 9

Nags Head 3 9

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New Inn Kilm B 2 6

Dolphin Beer 2 6

Talbot Arms 2 5

Gerrard Arms 3 3

Stepps 3 1</

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■ HEADS UP:
Match action from Axminster Town's (amber)
3-1 home defeat in the recent
League cup semi
final against
Budleigh Salterton at Tiger Way.
Photo by
ANDREW GRAHAM



■ HAPPY TO HELP: Chris Hammett of Hammett Associates Ltd hands over a new matchday strip to Laurie Forino, manager of Devon & Exeter League Division Two team Axmouth United. Line-up, standing from left: Charlie Cross, Joe Berry, Dan Reynolds, Reece Hales, Dave Goodhew, Charlie Sweetland, Elliot Driver, Zak Meaker. Front: James Sweeney, Theo Hill, Sam Somers, Jake Dack, Asa Sandman, Charlie Clarke.

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